

# YOUTH LEADERSHIP THROUGH THE “POWER OF YOUR WHY”

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**AMANDA DUGGER**-*COMMUNITY OUTREACH  
COORDINATOR, GREATER SPOKANE SUBSTANCE ABUSE  
COUNCIL (GSSAC)*

**TERRANCE NELSON**-*REGIONAL OUTREACH  
COORDINATOR, PACIFIC NORTHWEST ADULT & TEEN  
CHALLENGE (HE/HIM/HIS)*

**GSSAC**

Working Together  
Toward Safe Communities  
Free From Substance Abuse



Adult & Teen Challenge  
Pacific Northwest

# *Introductions/ Welcome*

Share in chat box

- *Name*
- *School*
- *Location*
- *Pronouns*

**GSSAC**

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# *THROUGH YOUR EYES ACTIVITY*

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- You will need a piece of paper & pencil
  - You can also use the chat box

# What do you see in your community regarding prevention?



**WEED to KNOW**  
Help Prevent Underage Marijuana Use

*For those underage,*  
**IT'S JUST NOT OKAY,**  
*Their brains are still growing—*  
**SO KEEP IT AWAY**

RECREATIONAL MARIJUANA USE IS  
UNSAFE, AND ILLEGAL, FOR  
ANYONE UNDER 21.



**WASH STATE HEALTH**

THE WHO, WHAT, WHERE OF RESPONSIBLE MARIJUANA USE  
[WWW.SRHD.ORG/WEEDTOKNOW.ASP](http://WWW.SRHD.ORG/WEEDTOKNOW.ASP)

Brought to you in part by the Washington State Department of Health, Dedicated Marijuana Account Funding.



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How does this make you feel?



# What can you do within your community to make change?



# **Breakout Session**

*WHY?*



# *Question #1*

**WHO ARE YOU?**

**HELLO**

my name is

Insert Name Here

# *Question #2*

**WHAT DO YOU LOVE TO DO?**



# *Question #3*

**WHAT IS ONE THING YOU WOULD  
CHANGE IN YOUR SCHOOL,  
COMMUNITY, OR HOME?**



**What are some ways YOU can use what you love to change your school, community or home?**





Having a “Why!” in life helps you to make healthy decisions.

# *Youth Leadership Forum Series*

- Connecting youth in Washington State
- Become a Leader in your community
  - Have your voice heard!



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