

Empower  Promote  Innovate  Collaborate 

Washington State Prevention Summit

November 4-6, 2012



PREVENTION IS

E P I C



www.PreventionSummit.org



Presented by the Washington State Department of Social & Health Services
Division of Behavioral Health & Recovery • With Support from the Office of the Attorney General



EVERGREEN

council on problem gambling

Congratulations Washington State Prevention Summit on an EPIC Event!

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Featured Speakers



Dr. Kevin Sabet
Adult Keynote



Hannah Michelle Weeks
Opening Celebration



Monte Stiles
Lunch Keynote



Al Duncan
Emcee & Youth Keynote

Let's Keep Drawing the Line

Between Youth And Alcohol



We listened to your feedback. Come to the RUaD exhibit table to learn more about the **new and improved** 2013 “Let’s Draw the Line” campaign, or visit www.StartTalkingNow.org.



Spread the word: “Start Talking Now”.

Parents are the #1 influence on whether their kids choose to drink.

To get copies of the Start Talking Now posters or selected images contact us at MBSE@liq.wa.gov.



Washington State
Liquor Control Board



Washington State Coalition
To Reduce Underage Drinking
www.StartTalkingNow.org



STATE OF WASHINGTON
DEPARTMENT OF SOCIAL AND HEALTH SERVICES
Aging and Disability Services Administration
Division of Behavioral Health and Recovery
PO Box 45330, Olympia, WA 98504-5330

November 4, 2012

Dear Prevention Professionals and Youth Leaders:

Welcome to the 28th Annual Prevention Summit, "Prevention Is: E.P.I.C." We are excited to offer this opportunity to gather with those working in our state toward the success and health of youth, families and communities.

The prevention community in Washington State has been meeting annually since the early 1980s. Despite changes over time in name, location and planning leadership, the spirit of the annual Summit remains constant. It is the one time during the year when the prevention community can come together, reflect on the past year's successes, learn new strategies, and network with a variety of people.

The goal of the 2012 Prevention Summit is to provide an enriching and culturally competent training and networking opportunity for youth, volunteers, and professionals who are working toward prevention of substance abuse, violence, and other destructive behaviors. The Summit will also address integration of prevention efforts with primary healthcare and mental health promotion. We want to reach highly experienced youth and adults as well as those who are new to prevention, and continue to build on our foundation of success in Washington State.

Over the next day and a half at the Summit, you will have the opportunity to hear from youth and adult leaders in our field. You will hear presentations from experts on the challenges they have faced in this work and successful strategies for continuing to create amazing results. We encourage you to take the time to network with one another and learn how you can strengthen your prevention efforts as you Empower; Promote; Innovate; and Collaborate during this year's E.P.I.C. Summit.

We would like to thank those on the Summit Planning Committee who have worked hard all year to create a program that addresses our current challenges, and provides compelling strategies to successfully move into the future through inspiration and innovation.

We hope you enjoy our **E.P.I.C.** program!

Sincerely,

Chris Imhoff, LICSW, Director

Division of Behavioral Health and Recovery

Summit Information

Free Internet Access

The Yakima Convention Center offers complimentary wireless internet. No password is required. There is also a computer kiosk near Conference Room 1 for attendees to check email.

Continuing Education Hours (CEHs) Information

Adult participants can earn up to 16 CEHs for attending the Summit. Participants must sign in each morning at the registration desk. Certificates will be provided at the registration desk on Tuesday following the last session. See website for specific accreditation credits from certification/licensing boards.

Dance Costume Policy

Since the Prevention Summit will have an awesome disco/retro-themed dance, costumes will be allowed during the dance. In order to maintain a safe and enjoyable environment for all participants the following policy will apply:

- Costumes must be decent and appropriate in nature and content. Costumes that carry a sexual, vulgar or offensive message, or reference the use of alcohol, tobacco, drugs, gambling, or gang affiliation will not be permitted.
- Masks that cover all or part of the face are not to be worn.
- It is understood that the chaperones, in consultation with the conference staff, may restrict appearance and attire with special consideration for safety, health or other issues that may create a disruption to other conference participants.
- Entrance will be refused until the participant corrects the problem.

Name Badge Policy

Please wear your name badge throughout the conference. For security and safety reasons all participants must wear their name badges at all times while participating in the Summit; we cannot admit you to sessions or meals without it. Please do not be offended if staff members or volunteers ask you to show your badge. If you have lost your name badge, you may get a replacement at the registration/check-in desk.

Raffle Prizes

You will have an opportunity to win raffle prizes throughout the conference during plenary sessions. Raffle prizes include gift certificates and a grand prize. Please place your tickets (may be found in your name badge plastic holder) in boxes near the registration desk. Must be present during raffle drawing to win.

Security Services

Security at the Summit is provided by Norm Wold and Ross McDowell. An emergency number for security will be placed in your name badge holder.

DJ Services

Music and audio will be provided by DJ Riceman, Owner, All About Music.

Conference Logistics Services Provided by:

CASAT: Center for the Application of Substance Abuse Technologies at the University of Nevada, Reno - www.casat.unr.edu



Planning Committee Members

The Planning Committee contributed over 350 hours in planning and developing the Summit keynotes, presentations, and program activities.

Gerry Apple, Washington Traffic Safety Education Association.

Crystal Church, Kittitas County Community Network & Coalition

Cristal Connelly, Division of Behavioral Health & Recovery, Conference Chair

Paul Davis, Department of Health

Jennifer Dorsett, Educational Service District 123

Nancy Fiander, White Swan Community Coalition

Derek Franklin, Washington State Coalition of Coalitions; WASAVP; Mercer Island Communities that Care Coalition

Gwen Fraser, Office of Attorney General

Cheryl Golouch, King County Prevention

Julia Greeson, Division of Behavioral Health & Recovery, Awards Sub-committee Chair

Dixie Grunenfelder, Office of the Superintendent of Public Instruction

Janelle Guthrie, Office of the Attorney General

Meja Handlen, Educational Service District 113

Erin James, Quincy Communities that Care

Keith James, Juvenile Rehabilitation Administration

Cathy Kelley, Educational Service District 105

Beatriz Mendez, Lewis County Public Health and Social Services

Scott Peterson, Office of the Attorney General

Matilda Samson, Spokane Tribe

Mary Segawa, Liquor Control Board

Ivon Urquilla, Division of Behavioral Health & Recovery, Youth Sub-committee Chair

Scott Waller, Division of Behavioral Health & Recovery, RUaD

Liz Wilhelm, Youth Suicide Prevention Program

Phillip Wiltzius, Evergreen Council on Problem Gambling

Alan Zeuge, Prevention Specialist Certification Board of Washington

The Prevention Summit is presented by the Washington State Division of Behavioral Health and Recovery with support from the Office of the Attorney General.



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Supporting Agencies and Partners



Specific Sponsorships

Thank you to Lewis County Public Health and Social Services for their partial sponsorship of the Ice Cream Social on Sunday night and raffle drawing donations!

Thank you to Prevention Specialist Certification Board of Washington for their partial sponsorship of the Adult Prevention Professional Networking Soiree on Monday night!

Thank you Kittitas County Community Network for your raffle drawing donations for youth!

Thank you staff at the Attorney General's Office for your raffle drawing donations for youth!

Thank you to the Confederated Tribes of the Chehalis Vocational Rehabilitation program for their generous donation of an Adult Grand Prize for a 2-night stay at the Great Wolf Lodge!

Conference Volunteers

Kathreen Absuelo | Dawn Bass | Airely Beltran | Garcia Braulio | Violeta Cortez | Robert Culver | Haley de Luca | Irene Estrada | Adam Halvorsen | Erin James | Jason Lewis | Ricardo Mendez | Kim Nygard | David Rolfe | Sofia Soto | Jennifer Velotta | Mary Wysocki

E P I C

E
Empowerment refers to a process through which professionals, individuals, organizations, and communities gain greater control, efficacy, and increased awareness in their substance abuse prevention efforts. Workshops in this track will help further increase skill development, awareness, competency and sustainability of prevention programs.

P
Promotion refers to a process through which professionals, individuals, organizations, and communities increase mental, emotional, physical and overall wellness and wellbeing. Workshops in this track will provide information to promote emotional health and reduce the likelihood of mental illness and substance abuse, including tobacco, and suicide.

I
Innovation refers to a process through which professionals, individuals, organizations, and communities can develop innovative solutions in response to emerging trends. Workshops in this track will inform on new research, trends, creative ideas and solutions to program effectiveness and sustainability.

C
Collaboration refers to a process through which ownership of a problem is spread among partners who share communication, resources, leadership, responsibility, action, risk and reward. Workshops in this track will help to engage hard-to-reach sectors, integrate related organizations (such as primary health), build program capacity, increase cultural awareness and strategically develop partnerships with supporting sectors, including policy makers and community leaders.

Sunday, Nov. 4th	Preconference Workshop #1 1:15 - 2:45 p.m.	Sustainability for Long-term Success in Strategic Planning: Scott Thomas, Ph.D.			
	Preconference Workshop #2 3:00 - 4:30 p.m.	Implementing Cultural Competency in Strategic Planning: Mark Sanders, LCSW, CADC			
Monday, Nov. 5th	Workshops Session I 10:30am - Noon	Beyond Funding: Sustaining Outcomes and Programs: Scott Thomas, Ph.D.	Warrior to Civilian: Coming Home, Mental Health & Substance Abuse Prevention with Returning Veterans: Dr. Bridget Cantrell	Healthy Kids = Healthy Students: Dr. Julia Dilley & Victoria Marques	Marijuana: Debunking Myths & Effective Prevention Strategies: Dr. Kevin Sabet & Derek Franklin
	Workshops Session II 2:30 - 4:00 p.m.	Rites of Passage: A Culturally Specific Approach to Substance Abuse Prevention: Mark Sanders	Cyber-Bullying: Crafting a Community Response: Panel	Healthcare Reform: the Future of Prevention, Health, and Wellness: Becky Vaughn	Working with Schools to Change Perceptions and Drinking Behaviors: When Social Norms Marketing Goes to High School (Part I): Amity Chandler
	Workshop Session III 4:15 - 5:45 p.m.	The PATH to Effective Community Drug Education: Monte Stiles	Engaging Primary Care and Prevention: Four Case Studies: Panel	Monitoring the Marketing Practices of the Alcohol Industry that Jeopardize the Health and Safety of America's Youth: Raimee Eck	Working with Schools to Change Perceptions and Drinking Behaviors: When Social Norms Marketing Goes to High School (Part II): Amity Chandler
Tuesday, Nov. 6th	Forum Option #1	Programs, Policies & Practices in Addressing Alcohol Issues within our Communities: Panel			
	Forum Option #2	Building Partnerships & Sustainability in Coalition Work: Panel			

Sunday - November 4, 2012

9:00 a.m. – Noon	All-providers Meeting (<i>continues with preconference until 4:30 p.m.</i>)	Suites 100-600
1:15 – 4:30 p.m.	Preconference Workshops: <i>Dr. Scott Thomas; Mark Sanders</i>	Suites 100-600
4:45 – 5:45 p.m.	Volunteer Meeting	Ballroom B
5:30 – 8:30 p.m.	Early Registration & Check-in	Lobby 3
5:45 p.m.	Dinner Provided	Ballrooms CD
6:00 – 7:30 p.m.	Opening Celebration Keynote: <i>Hannah Michelle Weeks</i>	Ballrooms CD
7:30 – 8:45 p.m.	Team Building Activity: <i>Eastern Washington University Outdoor Program</i>	Rooms EFGH
7:30 – 9:30 p.m.	Movie & Discussion: <i>Addiction Incorporated</i>	Suites 100-600
7:30 – 9:30 p.m.	EUDL Discretionary Grant Meeting	Ballroom A
8:50 – 9:30 p.m.	Chaperones & Team Adult Advisors Meeting	Ballroom B

Monday - November 5, 2012

7:00 – 8:00 a.m.	WASAVP Meeting	Conference Room 2
7:15 – 8:00 a.m.	Registration & Check-in/Breakfast Provided	Lobby 3
8:00 – 8:45 a.m.	Welcome Session	Ballrooms CDE
9:00 – 10:15 a.m.	Adult Keynote: <i>Kevin Sabet</i>	Ballrooms AB
10:30 – Noon	Workshop Session I	See Pg 16
12:15 – 1:30 p.m.	Lunch Provided & Keynote: <i>Monte Stiles</i>	Ballrooms CDE
1:30 – 2:15 p.m.	State-wide Networking Activity	See Pg 14
2:30 – 4:00 p.m.	Workshop Session II	See Pg 17
4:15 – 5:45 p.m.	Workshop Session III	See Pg 18
6:00 – 7:15 p.m.	Awards Ceremony Banquet Dinner	Ballrooms CDE
7:30 – 8:30 p.m.	Coalition of Coalitions Meeting	Suite 600
7:30 – 9:30 p.m.	Professional Networking Soiree	Ballrooms AB
7:30 – 10:30 p.m.	Evening Sessions & Activities for All	See Pg 14
8:30 – 9:30 p.m.	Prevention Certification Information Session (PSCBW)	Suite 600

Tuesday - November 6, 2012

7:15 – 8:00 a.m.	Registration & Check-in/Breakfast Provided	Lobby 3
8:15 – 9:30 a.m.	Adult Keynote Session: <i>Mary Segawa & Julie Peterson</i>	Ballroom E
9:45 – 11:15 a.m.	Adult Forums	See Pg 19
11:30 – 1:00 p.m.	Lunch Provided & Closing Keynote: <i>Maketa Wilborn</i>	Ballroom CDE

Sunday - November 4, 2012

9:00 a.m. – Noon	All-providers Meeting (continues with preconference until 4:30 p.m.)	Suites 100-600
1:15 – 4:30 p.m.	Preconference Workshops: <i>Dr. Scott Thomas; Mark Sanders</i>	Suites 100-600
4:45 – 5:45 p.m.	Volunteer Meeting	Ballroom B
5:30 – 8:30 p.m.	Early Registration & Check-in	Lobby 3
5:45 p.m.	Dinner Provided	Ballrooms CD
6:00 – 7:30 p.m.	Opening Celebration Keynote: <i>Hannah Michelle Weeks</i>	Ballrooms CD
7:30 – 8:45 p.m.	Team Building Activity: <i>Eastern Washington University Outdoor Program</i>	Rooms EFGH
8:45 – 9:30 p.m.	Ice Cream Social	Ballroom A
8:50 – 9:30 p.m.	Chaperones & Team Adult Advisors Meeting	Ballroom B
10:30 p.m.	Youth Curfew	

Monday - November 5, 2012

7:00 – 8:00 a.m.	WASAVP Meeting	Conference Room 2
7:15 – 8:00 a.m.	Registration & Check-in/Breakfast Provided	Lobby 3
8:00 – 8:45 a.m.	Welcome Session	Ballrooms CDE
9:00 – 9:45 a.m.	Youth Orientation	Ballrooms CDE
10:00 – 12:15 p.m.	Service Learning Projects - <i>Teal Group</i>	See Pg 20
	Leadership Training - <i>Orange Group</i>	See Pg 21
12:30 – 1:30 p.m.	Lunch Provided & Keynote: <i>Monte Stiles</i>	Ballroom CDE
1:30 – 2:15 p.m.	State-wide Networking Activity	See Pg 14
2:30 – 4:45 p.m.	Service Learning Projects - <i>Orange Group</i>	See Pg 20
	Leadership Training - <i>Teal Group</i>	See Pg 21
5:00 – 5:45 p.m.	Youth Leadership Debriefing & Team Project Planning: <i>Miss Washington, Mandy Schendel</i>	Suites 100-600
6:00 – 7:15 p.m.	Awards Ceremony Banquet Dinner	Ballroom CDE
7:30 – 10:30 p.m.	Evening Sessions & Activities for All	See Pg 14
10:30 p.m.	Youth Curfew	

Tuesday - November 6, 2012

7:15 – 8:00 a.m.	Registration & Check-in/Breakfast Provided	Lobby 3
8:00 – 9:00 a.m.	Youth Keynote: <i>Al Duncan</i>	Ballroom CD
9:10 – 10:20 a.m.	Youth Workshop Session I	See Pg 22
10:35 – 11:45 a.m.	Youth Workshop Session II (Repeated from 9:10 a.m.)	See Pg 22
11:45 – 1:00 p.m.	Lunch Provided & Closing Keynote: <i>Maketa Wilborn</i>	Ballroom CDE
1:00 p.m.	Conference Adjourned: <i>Pick Up Certificate & Submit Evaluations</i>	Lobby 3

Keynotes & Featured Speakers

November 4 - 6, 2012

Youth Emcee



Mandy Schendel, Miss Washington 2012

Mandy Schendel, from a young age, wanted to make a big difference in the world. By the age of 11, she created her own nonprofit and was teaching kids and teens how to become leaders through volunteer service. She shares the challenges and triumphs of running a nonprofit company, as well as shares touching stories with her experiences in pageantry and working as a professional actress for Disney. You will laugh, you will cry, and you will be inspired to pick up your dreams where you left them and go 'Do Something.'

Schendel is involved in Mannatech. She is the author of "Do Something." "Most people tend to lose their ability to dream big, let alone accomplish their dreams," Amazon.com's description of "Do Something" states. "This book will inspire you to dream like a child, and never give up on that which you truly want to accomplish."

Sunday, November 4, 2012

Opening Celebration ■ 6:15 - 7:30 ■ Ballroom CD



Hannah Michelle Weeks, Country Music Artist, Singer, Song Writer, Speaker, National Ambassador for the Partnership for A Drug-free America

Opening Celebration Performer Hannah Michelle Weeks has shared the stage with Country Super Stars Kenny Chesney, Darius Rucker, Rodney Atkins, Eric Church, Trent Tomlinson and more! Hannah is on her way to becoming one of the most successful artists out of the Northwest in years. She performs nationally with her band of phenomenal musicians. A handful of trips to Nashville later and the two were creating "Life's a Drama," Hannah's debut EP album (HunnyBee Records) featuring seven tracks about the realities of life and showcasing her songwriting talents on four songs, including singles like "I Think I Am" and "Good Hair Day." From the writing on this album and guidance from Johnson, Hannah received a publishing deal with one of Nashville's premier publishing companies in 2009. Hannah has always had a desire to reach out to teens/young adults and the adults in their lives and bring awareness to the realities of the pressures and day-to-day choices they are faced with. With this subject heavy on her heart, Hannah co-wrote her song "I Thought You Were My Friend" with Tim Johnson & Jamie Houston. In July 2011, Hannah was named a National Ambassador for The Partnership at DrugFree.org. She joins actress Melissa Gilbert and is now lending her inspiring and powerful voice to help educate others about one of our nation's most preventable health issues – teen substance abuse. To read more about Hannah Michelle Weeks, download her complete bio or visit her website at: www.hannahweeks.com

Keynotes & Featured Speakers

Monday, November 5, 2012



Adult Keynote ■ 9:00 - 10:15 a.m. ■ Ballroom AB

Dr. Kevin Sabet, Drug Policy Institute, Director; University of Florida/ College of Medicine, Assistance Professor; Policy Solutions Lab, Cambridge, Massachusetts, President

Marijuana Legalization: Where Do We Go? Considerations for Policymakers and Practitioners

Working on drug policy issues for more than eighteen years, Kevin A. Sabet, Ph.D. is the Director of the Drug Policy Institute at the University of Florida. He is also an Assistant Professor in the College of Medicine there. Kevin has served three presidents, most recently as the Senior Advisor to ONDCP Director Gil Kerlikowske. Besides his UF work, he is the founder of the Policy Solutions Lab, a consulting company in Cambridge, MA, and an advisor to the UN. He has a regular column with the Huffington Post and his work has won accolades from The Atlantic. As a Marshall Scholar, he received his Ph.D. and M.S. in Social Policy at Oxford University and B.A. in Political Science from the University of California, Berkeley.

This keynote will emphasize issues surrounding marijuana legalization. It will discuss both strategies and evidence about legalization for community members and policymakers.

Lunch Keynote ■ 12:15 - 1:30 p.m. ■ Ballroom CDE



Monte Stiles, JD, Monte Stiles, Inc, President

Monte Stiles served his entire professional career of 28 years as a state and federal prosecutor. For the past 24 years, as an Assistant United States Attorney for the District of Idaho, he supervised the Organized Crime/Drug Enforcement Task Force – a group of agents and prosecutors who investigate and prosecute high-level drug trafficking organizations, including Los Angeles street gangs, Mexican cartels, and international drug smuggling and money laundering operations. One of his proudest personal and career achievements was the organization and implementation of the statewide "Enough is Enough" anti-drug campaign which produced community coalitions in every area of Idaho. In addition to the prosecution of drug traffickers, Monte has been a passionate drug educator and motivational speaker for schools, businesses, churches, law enforcement agencies, and other youth and parent organizations.

Save the Date!

Washington State
Spring Youth Forum

May 15-16, 2013

PREVENTION IS

Great Wolf Lodge

EPIC

Grand Mound, WA

Keynotes & Featured Speakers

Tuesday, November 6, 2012



Youth Keynote ■ 8:00 - 9:00 a.m. ■ Ballroom CD

Al Duncan, Emcee, Youth Keynote, Publisher DuncanNuggets.com

Keynote Al Duncan is an award-winning youth advocate, publisher, and an internationally recognized authority on soft skills. As the world's leading speaker for at-risk youth and troubled young people, he has delivered Duncan Nuggets®, live and in person, to over one million young people around the world. Al is the author of four books including the bestseller, My Success Journal For Young People. He is the recipient of the President's Call to Service Award and the National PTA Life Achievement Award for his work in the field of youth development and empowerment. Born to teen-aged parents, raised in a poverty-stricken neighborhood in North Philadelphia, being molested as a child, and his father's addiction to crack cocaine, left Al devastated, but not defeated. He went on to enjoy careers as a professional saxophone player, a professional chef, and he is the former executive producer and host of his own television show. At the age of 24 he walked away from his musical career in order to raise his youngest brother who was 12 years old at the time. www.alduncan.net

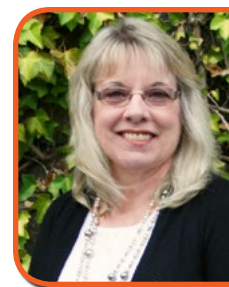
Adult Keynote ■ 8:15 - 9:30 a.m. ■ Ballroom E



**Julie Peterson, Comprehensive Health Education Foundation (CHEF);
Mary Segawa, Washington State Liquor Control Board, Alcohol Awareness
Program Manager**

Beyond I-1183: Impact and Action

To work at reducing the potentially negative effects of I-1183, it is important to understand what has changed. Density, alcohol advertising, product monitoring, enforcement, and retailer education are just some of the areas affected. Once you understand these, then having the tools for effective advocacy is critical. Mary Segawa will cover the changes brought about by the initiative, and Julie Peterson will provide you with the tools and knowledge you can use to be a strong advocate in all your prevention work.



Closing Presentation

12:00 - 12:45 p.m. ■ Ballroom CDE



ZaBoomBa!

Maketa Wilborn is a national corporate and youth development trainer and team development consultant. He designs and facilitates team development, leadership, strategic visioning, community drumming and equity trainings. Maketa doesn't approach any situation or problem sitting down...and within minutes, neither is the rest of the group! Organizations call Maketa when they want tangible outcomes achieved through spirited and energized sessions.

Get ready to feel the power of everyone's voice – get ready to Empower, to Promote, to Innovate and to Collaborate - this is ZaBoomBa let's rock the rhythm!

Co-presenters: Alexandra Baldwin, Northwest ZaBoomBa Team, Yanvalou Drum School, Seattle, Owner; Blake Cisneros, Northwest ZaBoomBa team, Educator and Musician

Evening Sessions & Activities for All

Sunday, November 4, 2012

Team Building Session (Youth Teams)

7:30 – 8:45 p.m. - Ballrooms EFGH

Youth will begin the Summit with this challenging program where adults and youth share in the exhilaration of building stronger teams and enhancing friendships. This will enable the youth teams to function better together as they develop and implement their local youth projects.

Ice Cream Social (Youth Teams)

8:45 – 9:30 p.m. - Ballrooms EFGH

You scream, I scream, we all scream for ice cream! Come meet new friends and enjoy some sweet ice cream treats and karaoke with DJ Riceman!

Addiction Incorporated, a Documentary Film on the Smoking Industry (Adults)

7:30 – 9:30 p.m. - Suites 100-600

Addiction Incorporated, despite its dull and archaic-tasting title, is an engaging documentary about the world-changing science suppressed by the smoking industry and the people's struggle to uncover the truth about what the arrogant, intimidating, obscenely rich tobacco bigwigs knew and withheld about the addictiveness of cigarettes (CBS, Minnesota).

Monday, November 5, 2012

State-wide Networking Activity (All)

1:00 - 2:15 p.m. - Multiple Rooms

The purpose of the State-wide Networking Activity is to provide time for all participants working in the substance abuse prevention and related areas to come together and learn from each other. Participants will be split into four groups to discuss state activities and be E.P.I.C. leaders - empower.promote.innovate.collaborate!!!

ZUMBA! Come Learn this Latin Style Dance (All)

7:30 – 8:30 p.m. - Ballrooms FG

Back by popular demand! A fusion of Latin and International music that creates a dynamic, exciting and effective aerobic fitness party without feeling like a workout. This class will blow you away! Learn meringue, salsa, samba, flamenco, and more in a fun packed easy to learn choreographed class.

Native American Crafts (All)

7:30 – 8:30 p.m. - Suite 300

The participants from the Spokane Tribe will educate you on how to make medicine bags and dream catchers. Come and make something from your heart and give it to someone you care for and love, and have a great time. Supplies and time provided by Spokane Tribe.

Monday, November 5, 2012

Dancing with the Summit Stars (All)

7:30 – 8:30 p.m. - Suite 500

Come learn the basic steps of the "Hustle," so you can be the star performer at the Disco tonight! Paul and Pollie, owners of Mousai Studios in Tacoma, WA, as well as leaders of the Tacoma School District wellness program for staff and students will guide you in learning some of the basic steps of Hustle, Rumba, Salsa, Cha Cha and more!!!

Dress, Crafts & Games (Youth)

7:30 – 10:00 p.m. - Red Lion Yakima, East Ballroom

Use this time to decorate yourself for the dance. We'll have crafts to make necklaces or bracelets in fall colors, bling string for your hair, glow-in-the-dark paint, stencils, and face paint. You can also spend some time playing games or just hanging out with friends!

Professional Networking Soirée (Adults)

7:30 - 9:30 p.m. - Ballrooms AB

Don't miss this opportunity to see your colleagues from across the state and enjoy some light refreshments. Discover new partnerships with some of the field's most seasoned professionals. The Networking Soirée is hosted with support the Prevention Specialist Certification Board of Washington.

YMCA (Youth)

7:30 – 9:00 p.m. - 5 N. Naches Ave Yakima, WA 98901

Basketball, Dance Dance Revolution, foosball, pool, ping pong, air hockey, and two new Wii stations! Please sign up at registration desk to attend YMCA activities and meet in Lobby 2 near Suite 400 in the hallway. Escorts will be available to walk groups to/ from the YMCA.

Popcorn and a Movie (All)

7:45 – 10:00 p.m. - Red Lion Yakima, West Ballroom

What a great way to end a long and fun-filled day. Yummy popcorn and "The Avengers" (2012).

Disco/Retro Dance! (All)

8:00 – 10:00 p.m. - Red Lion Yakima, Garden Room

After a long day of learning, you deserve a dance break! Join DJ Riceman to end the day with the latest music and exciting show full of black lights, bubbles and glow-in-the-dark necklaces! Dress in your most fabulous disco or retro-themed clothes. You can go disco, mid-modern or totally retro - this is your chance to be creative and play! This will be a dance you don't want to miss! Please note that there is a costume policy.

Preconference Workshop I

Sunday, November 4, 2012 | 1:15 - 2:45 p.m.



Sustainability for Long-term Success in Strategic Planning

Suite 100-600

Scott Thomas, Ph.D., Consultant

The sustainability of improved outcomes and new programs should not be based on the expectation on ongoing funding. Improvements and programs should be designed and implemented in such a way that they can be maintained with little or no additional monies once project funding has ended. This presentation will examine an easy-to-apply framework that can be used to assess and plan for sustainability throughout strategic planning. It will include 12 sustainability factors and ways in which strengthening just two or three of these factors can help increase sustainability. Discussion and a short practice period will be included.

Preconference Workshop II

Sunday, November 4, 2012 | 3:00 - 4:30 p.m.



Implementing Cultural Competency in Strategic Planning

Suite 100-600

Mark Sanders, LCSW, CADC, On the Mark Consulting, Owner and Consultant

Including Cultural Competency in Strategic Planning at every stage of planning is a crucial yet challenging task. Mark Sanders will provide step-by-step examples of how this can be accomplished so that your planning describes and reflects the norms; values; beliefs; practices; socio-economic characteristics; resiliency factors; cultural considerations; as well as the unique and specific needs of your community.

**Prevention Specialist Certification
Board of Washington**

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Adult Workshop Session I

Monday, November 5, 2012 | 10:30 a.m. – Noon

Empower

Beyond Funding: Sustaining Outcomes and Programs

Ballroom G

Scott Thomas, Ph.D., Consultant

The sustainability of improved outcomes and new programs should not be based on the expectation of ongoing funding. Improvements and programs should be designed and implemented in such a way that they can be maintained with little or no additional monies once project funding has ended. This presentation will examine an easy-to-apply framework that can be used to assess and plan for sustainability. It will include 12 sustainability factors and ways in which strengthening just two or three of these factors can help increase sustainability. Discussion and a short practice period will be included.

Promote

Warrior to Civilian: Coming Home, Mental Health and Substance Abuse Prevention within the Returning Veteran Population

Ballroom F

Dr. Bridget C. Cantrell, NCC, CTS, Hearts Toward Home International, Bellingham, Washington, Founder and CEO; Cantrell Counseling and Associates, Bellingham, Washington, President and Counselor; Washington State Department of Veterans Affairs, Olympia, Washington, PTSD Provider

Dr. Bridget C. Cantrell will discuss the signs and symptoms of Post-Traumatic Stress Disorder (PTSD), Combat Operational Stress (COS), and Traumatic Brain Injury (TBI) related to mental health and substance abuse in the returning veteran population. Dr. Cantrell will look at the psychological and physiological aspects associated with combat trauma and examine the stigmas faced by returning warriors in obtaining care. She will also explore the dynamics of veteran reintegration with families, communities, and first responders; the importance of developing awareness and prevention programs in the community; and available preventative treatment options. This is also available by webinar; however, the webinar will not be recorded.

Innovate

Healthy Kids = Healthy Students

Ballroom H

*Julia Dilley, Ph.D., MES, Multnomah County Health Department
Victoria Marques, CDP, Puget Sound ESD*

There is evidence that student health and learning are inextricably linked. This joint workshop by Dr. Julia Dilley and Prevention/Intervention Specialist, Victoria Marques, presents some of the evidence foundation for connecting health and learning, and features tangible examples of how research can be implemented to increase awareness and academic achievement among middle and high school students.

Collaborate

Marijuana: Debunking Myths and Effective Prevention Strategies

Ballroom AB

Dr. Kevin Sabet, Drug Policy Institute, Director; University of Florida/College of Medicine, Assistance Professor; Policy Solutions Lab, Cambridge, Massachusetts, President; Derek Franklin, Washington Association for Substance Abuse and Violence Prevention (WASAVP), President

Dr. Kevin Sabet, Director of the Drug Policy Institute, and Derek Franklin, President of WASAVP, will break down myths and misperceptions about marijuana from a both a national and Washington State perspective. The presentation will address adapting grassroots prevention strategies to the evolving realities of increased access, changing norms, and new enforcement challenges. In addition, "medical" marijuana and marijuana legalization will be discussed in terms of implications for effective prevention advocacy.

Adult Workshop Session II

Monday, November 5, 2012 | 2:30 – 4:00 p.m.

Empower

Rites of Passages: A Culturally-specific Approach to Substance Abuse Prevention

Ballroom G

Mark Sanders, LCSW, CADC, On the Mark Consulting, Owner and Consultant

Rites of passages are defined as culturally-prescribed rituals for transitioning boys into men and young ladies into women. As these rituals have been lost, many youth are turning to self-destructive approaches to rites of passages initiations, including gang affiliation, violence, hazing, drug selling, and heavy alcohol and drug use. In this interactive, skill-building workshop, participants will be introduced to rites of passages as a culturally-specific approach to prevention of substance abuse among children and adolescents. Topics covered include: What are Rites of Passages; Culturally-specific Approaches to Rites of Passages; and How to Set up a Rites of Passage Program as a Part of Your Prevention Initiative.

Promote

Cyberbullying: Crafting a Community Response

Ballroom H

Moderator: Chris Johnson, Washington Attorney General's Office;

Panel: Charles Leitch, Patterson Buchanan Fobes and Leitch: "Beyond Risk Management - Legal implications of bullying/cyberbullying in schools and communities."; Dixie Grunenfelder, Office of the Superintendent of Public Instruction: "Policies and Practices - OSPI's response to bullying/cyberbullying."; Ann Allen, ESD 105: "Practical tips on fighting bullying/cyberbullying through the ESD."

Learn about the recommendations of the recent Cyberbullying Summit held at the Microsoft Campus in September, sponsored by the Office of the Attorney General, the Office of the Superintendent of Public Instruction and the King County Sexual Assault Resource Center. Attendees discussed development of a community toolkit to prevent and respond to cyberbullying, considered the components of an ongoing and sustainable messaging campaign in support of the toolkit, and planned a broad-based coalition to ensure implementation.

This panel will review the priorities of Summit participants and discuss practical ways in which educators, parents, students, prevention specialists and law enforcement can work together to promote cyber citizenship and prevent cyberbullying.

Innovate

Healthcare Reform: The Future of Prevention, Health, and Wellness

Ballroom F

Becky DeLozier Vaughn, MSED, State Associations of Addiction Services (SAAS), CEO

Forty percent (40%) of premature deaths are attributed to behavioral patterns – higher than genetic, social circumstances, environmental exposure, and lack of healthcare. The solution to this problem involves applying the chronic care model, and most importantly, reorganizing the healthcare system to include prevention, health, and wellness. How will that look in Medicaid and commercial health insurance? How do we supplement those resources so that the full continuum of prevention and intervention is accessible?

Collaborate

Working with Schools to Change Perceptions and Drinking Behaviors: When Social Norms Marketing Goes to High School (Part I)

Ballroom AB

Amity Chandler, Drug Free Charlotte County, Director;

Dr. Donna Widmeyer, Deputy Superintendent, Charlotte County Public Schools

Social norms campaigns have been used at the college level to reduce binge drinking for over a decade, but only in the past few years has this strategy become popular for middle and high school students. This workshop highlights a five-year middle and high school social norms campaign strategy that has reduced perceptions of drinking and subsequently 30-day drinking behaviors among students in 6th-12th grade. Participants will understand the foundation of social norms marketing and understand the idiosyncrasies involved in utilizing this strategy on middle and high school campuses.

Adult Workshop Session III

Monday, November 5, 2012 | 4:15 – 5:45 p.m.

Empower

The PATH to Effective Community Drug Education

Ballroom G

Monte Stiles, JD, Monte Stiles, Inc, President

The primary mission of any drug education plan should be to provide communities with a clear and powerful PATH to follow – based upon proven community drug education models and research involving positive societal change. Successful prevention leaders must have a few key things: (1) a clear and positive vision of the future, (2) the ability to articulate meaningful solutions to societal problems, and (3) the passion to motivate others to join in these solutions. This presentation provides leaders with the opportunity to say: "This is the way. Let's go there together."

Promote

Engaging Primary Care and Prevention: Four Case Studies

Ballroom H

Moderator: Julie Bartlett, Department of Social and Health Services/Division of Behavioral Health and Recovery (DSHS/DBHR)

Panel: Renee Hunter, Wenatchee Coalition; Andi Ervin & Megan Azzano, Okanogan Community Coalition; Joe Neigel, Darrington Prevention/Intervention Community Coalition; Geoff Morgan, Shuksan PRI Coalition

As a part of the State Prevention Enhancement Grant, funds were dedicated to leveraging and strengthening local partnerships between primary health care and substance abuse prevention providers. In this workshop, participants will hear about the lessons learned from four communities that engaged in whirlwind, 6-month pilot projects to increase connections between primary care and local prevention efforts. Leave with tips for increasing partnerships in your community.

Innovate

Monitoring the Marketing Practices of the Alcohol Industry that Jeopardize the Health and Safety of America's Youth

Ballroom F

Raimee H. Eck, MPH, MPA, PA-C;

Program Coordinator, Center on Alcohol Marketing and Youth (CAMY)

Reducing high rates of underage alcohol consumption and the suffering caused by alcohol-related injuries and deaths among young people requires using public health strategies including limiting the access and the appeal of alcohol to underage persons and decreasing exposure to alcohol advertising. Raimee Eck, Program Coordinator of the Center on Alcohol Marketing and Youth (CAMY) at the Johns Hopkins Bloomberg School of Public Health will present on latest research pertaining to alcohol marketing and youth exposure so that participants can be well informed and innovative in their prevention efforts.

Collaborate

Working with Schools to Change Perceptions and Drinking Behaviors: When Social Norms Marketing Goes to High School (Part II)

Ballroom AB

Amity Chandler, Drug Free Charlotte County, Director;

Dr. Donna Widmeyer, Deputy Superintendent, Charlotte County Public Schools

Participants in this workshop will continue learning about social norms campaigns and their implementation on middle and high school campuses. The second part of this workshop will include: choosing a social norms survey, preparing to collect data from your student population, testing your messages, and designing a social norms budget. Presenters will also discuss overcoming first-year hurdles experienced with social norms campaigns. It is strongly suggested that participants who attend the second workshop have attended the first workshop.

Adult Team Leader Workshop

Tuesday, November 6, 2012 | 9:30 - 11:15 a.m.

The Magic Of Exceptional Communication™:

Ballroom A

How to Motivate and Communicate with Young People

Al Duncan, Publisher, Youth Advocate and Speaker, Al Duncan, Inc.

“How do I get him to be more motivated?” “How can I get them to do what they’re supposed to do?” “How can I get through to her?” From parents to caseworkers; from teachers to volunteers; anyone working with young people is constantly plagued with these types of questions. Well, you can get some answers...right here. Of course, you already know that there's no perfect solution but, this program is based on Al Duncan's work with nearly one million young people, hundreds of youth programs, and dozens of personal interviews with some of the top minds in the field of youth development. You will learn a set of universal communication techniques and principles that can help anyone to motivate, empower, inspire, and communicate better with young people.

Adult Forums

Tuesday, November 6, 2012 | 9:45 – 11:15 a.m.

Programs, Policies & Practices in

Ballroom FG

Addressing Alcohol Issues within our Communities

Moderator: Mary Segawa, Washington State Liquor Control Board, Alcohol Awareness Program Manager

Panel: Derek Franklin, Mercer Island Communities that Care Coalition; Julie Peterson, Comprehensive Health Education Foundation (CHEF); Spokane Youth Photo-Voice

The landscape has changed in Washington, and we need to “up our game” to meet the challenges brought on by deregulation and greater availability of alcohol in our communities. Listen to a panel of youth and adults as they talk about what they are doing to address these issues. Topics include but are not limited to: community assessments, working with retailers, social host ordinances, and awareness and education initiatives.

Building Partnerships & Sustainability in Coalition Work

Ballroom B

Moderator: Sarah Mariani, Department of Social & Health Services/Division of Behavioral Health and Recovery (DSHS/DBHR), Prevention Systems Integration Manager

Panel: Joe Neigel, Darrington Prevention/Intervention Community Coalition; Andi Ervin, Okanogan Community Coalition; Linda Thompson, GSSA Coalition (Spokane); Inga Manskopf, WINS Coalition (Seattle)

In coalition work, ownership of the problem is spread among partners who share communication, resources, leadership, responsibility, action, risk and reward. This level of teamwork and cooperation among partners requires deep group engagement. During this forum discussion panel members representing coalitions within rural as well as urban settings, will discuss their experience in engaging hard to reach sectors; strategic partnerships with policy makers and community leaders; innovative collaborations with public health and related organizations; and successful examples of meaningful partner engagements which have led to the sustainability of their coalition work.



Service Learning Projects

Monday, November 5, 2012

10:00 a.m. - 12:15 p.m. - Teal Group / 2:30 - 4:45 p.m. Orange Group

Board buses outside Lobby 4 to travel to project site, 10 minutes earlier than departure time.

On Monday, November 5th, youth teams will be going out into the Yakima community to have a great time participating in a variety of service learning projects, a hands-on approach that teaches and integrates service to the community. Students address community needs while learning civic responsibility and developing meaningful leadership and workplace skills. Service learning can encourage youth to become active participants in their own communities. Plus, it's a great way for teams to interact and build networks with other Washington youth.

Youth Teams will sign up for service projects on-site during registration. Service project sign-up will be located at the Service Project Station, next to the registration/check-in desk. Only the Team Adult Advisor and Youth should attend the project due to space limitations on buses and at project sites. Please come prepared with your first and second choices as projects will fill up quickly. The sign-up will take place on a first-come, first-serve basis.

Youth and Team Adult Advisors are advised to wear comfortable clothing and closed-toed shoes for all project sites. Wear clothing that may become soiled or ripped, as you could be working outside and/or with paint! Please load buses with your entire team and be early to load so buses can leave on time.

La Casa Hogar

Many fulfilling opportunities can be found at La Casa Hogar. This organization's mission is to provide a place where all people can come and feel safe and secure, learn and grow in their community – a place where people's hope and promise comes alive through educational opportunities. Participate at this service site and learn about what it takes for a small agency with limited resources to provide great opportunities for the community members.

Northwest Harvest Food Bank

Is your team organized and motivated? If so, this may be the spot for your team! Get a sneak peak at what it takes to run a food bank, and see how much you are helping local families receive nutritious food. Monthly deliveries are made to the Northwest Harvest Food Bank warehouse with products from all over Washington. Teams that choose this site will help serve the local and regional customers by cataloging all the products the food bank has received.

Sunrise Outreach Center

The Sunrise Outreach Center is a Christian humanitarian non-profit organization committed to applying best-practice solutions for hunger, homelessness, and apathy through community mobilization, neighborhood involvement and networked information exchange. The Center serves roughly 1200 weekly food allotments per month and the Clothing Bank is one of the largest in town. At this service site, students will have the opportunity to learn and help organize the Pantry and Clothing Bank that provide services and donations to many people at no cost.

The Southeast Yakima Community Center (SEYCC)

The SEYCC provides a variety of services aimed at fostering self-sufficiency and dignity for children, youth and families; and, affirming diversity in culture and a way of life for residents in Southeast Yakima. The SEYCC is a very busy place – be part of the team that makes it a neater and sweeter place to be!

Yakima Police Athletic League (YPAL)

Youth teams will have the opportunity to learn about the YPAL organization, which provides a workable alternative to gangs and drugs and helps young people become better citizens and students through positive, worthwhile activities. Youth involved with YPAL learn to trust and respect police through participation in programs that teach valuable life skills such as leadership, teamwork and responsibility. Teams that choose this location as a service site will understand YPAL services better, help them get organized and freshen their look.

Yakima Valley Trolleys (YVT)

The Yakima Valley Trolleys (YVT) is listed on the National Register of Historic Places because it is the last authentic, all-original, turn-of-the-century inter-urban electric railroad in the United States. The railroad system has been a part of Yakima since 1907. In 2001, the Yakima Valley Trolleys organization was incorporated and operates the railroad for the City of Yakima. Present and future generations are able to experience an early-American street railway almost exactly as it was 100 years ago and come to understand the important role transit held in developing the City of Yakima as well as the rest of the industrialized world. Volunteering at the Yakima Valley Trolleys service site will be a rewarding way to learn about the railroad system, develop personal skills, and take part in the preservation of Yakima's historic trolley system.

Yakima YWCA

The YWCA is about empowering women and girls – building self-sufficient women, eliminating family violence, embracing diversity and maximizing partnerships. The YWCA is a busy and giving agency that provide many services to the community. The Yakima YWCA has recently gone through some remodeling and youth teams participating at this site will help with projects that give this location an enhanced look and feel!

Special Youth Summit Orientation Session

Monday, November 5, 2012 | 9:00 – 9:45 p.m.

Prevention 101: Youth Orientation

Ballrooms CDE

Al Duncan, Publisher, Youth Advocate and Speaker, Al Duncan, Inc.

What is prevention? What are best practices for youth teams? What can you expect while attending the Summit? This session will provide answers to these questions and more. You will also get a better understanding of what concepts have had success in the prevention world. This overview session of the Prevention Summit will give a general idea of what to expect while participating.

Youth Leadership Training (Please attend the session that was indicated through registration)

Monday, November 5, 2012 | 10:00 – 12:15 p.m. **Orange Group**
2:30 - 4:45 p.m. **Teal Group**

Creating EPIC Change: Developing Effective Strategic Plans

Suite 500

Adrienne Rollins, MPA, CPS, The Center for the Advancement of Wellness, Oklahoma State Department of Health, Youth Coordinator; Raye Shilen, M.S., Division of Behavioral Health & Recovery, Strategic Prevention Enhancement Training Coordinator

During this interactive and informational session, participants will receive the knowledge and tools needed to develop a prevention plan that will meet the needs of the team and community. This session will introduce the Strategic Prevention Framework, a planning model used national to develop successful prevention projects. Youth teams will learn what is needed to begin planning for a project, brainstorm ideas, practice, and engage each other in the planning process.

Presentation Planning: Get the Tools and Confidence to Present Your Project

Suite 400

Alicia Barnatchez, M.A., The Leadership Program, Field Supervisor and Trainer; Laban Reeves, The Leadership Program, Field Supervisor and Trainer

This workshop is designed to give young adults the tools and confidence necessary to plan and present their project work. This dynamic and interactive session will be divided up into seven sections with each section representing an essential piece of the presentation process. First, participants will be asked to brainstorm how ideas are presented in the world at large and will begin to define and envision what presentations are. Participants will then be shown a variety of presentations/commercials/advertisements from different media and will be asked to reflect on the messages of each presentation and how it was delivered. Next, in small groups, they will be asked to take one of the messages and design a new way to present it. After coaching, group work, and practice, participants will then practice their presentations for each other. Throughout the workshop, they will also learn the importance of a team in creating an action plan and defining roles within the group. Participants will learn how to set norms and how to create calendars and responsibility charts to keep group members on task for any projects.

Service Learning Project Debriefing

Monday, November 5, 2012 | 5:00 – 5:45 p.m.

Youth Leadership Debriefing and Team Project Planning

Suite 500

Miss Washington 2012, Mandy Schendel

Some say no matter what you experience in life there is a lesson in it. During this workshop participants will learn a process to quickly identify how to walk away from any experience with more knowledge and/or more skills. Reflecting on service learning projects today, youth will apply this method to the work they have done over the course of the year.



Youth Workshop Sessions I & II

Tuesday, November 6, 2012 | 9:10 – 10:20 a.m. & 10:35 – 11:45 a.m. (repeated)

Healthy Relationships

Suite 200

How do you know whether you are in a healthy relationship? What do you need to know in building a healthy relationships and what are important factors as you consider who will be part of your life? Learn what your boundaries are and find out where to get the right resources for someone in an unhealthy relationship.

Change Your World! Challenging Students to Make a Positive Difference in Their School and Community

Suite 300

Paul Sulley, Change Your World! Challenging Students to Make a Positive Difference in Their School and Community, Author, Educator, and Trainer

This highly relational and experiential session challenges students (and staff) to make a positive difference in their school and community. An overview of personal power and basic human needs are discussed. A social norm is defined then participants are challenged to change the norms that promote and perpetuate mean and uncaring acts in their school by promoting the positive social norms of acceptance, support, respect, inclusion, etc. Participants will leave with a simple strategy to begin the process to help promote positive social norms in their schools.

Suicide Prevention: A Showcase of the Peer-to-Peer Program

Suite 400

Celisa Hopkins, Youth Suicide Prevention Program, Yakima County, Field Coordinator

This workshop will showcase the peer-to-peer program and will teach youth participants how they can get involved in their community to educate and raise awareness of suicide prevention. It will offer practical ideas and strategies to get your school into action!

Southeast Asian Young Men's Group – Exploring Culture through Media

Suite 500

South East Asian Youth Men's Group, Asian Counseling and Referral Services, 2012 Spring Youth Forum Grand Prize Winners

Using examples of youth-led media projects, the Southeast Asian Young Men's group (SEA-YM) will discuss the importance of honoring cultural heritage in prevention groups. The Southeast Asian Young Men's group creates documentary films that explore ethnic identity and promote cultural awareness. This workshop will discuss this project and its benefits. Finally, a short documentary film "I am American, I am Cambodian," will be screened and discussed by the SEA-YM group as well.

Youth Leaders: Drug-free Advocates in a Drug-filled World

Suite 600

Monte Stiles, JD, Monte Stiles, Inc, President

Youth leaders can be extremely effective advocates in the drug prevention world. As they learn about issues and how to communicate through the media, youth leaders can be powerful forces of change by motivating their peers to embrace healthy lifestyles and leading by example, as well as serving each other.

Awards

2012 Washington State Exemplary Substance Abuse Prevention Awards

Individuals

Gerald Apple,
Exemplary Substance Abuse Prevention

Breanna Atwell, Shelton HS SADD,
Exemplary Substance Abuse Prevention

Pastor David Curtis,
Exemplary Substance Abuse Prevention

Anne Dean,
Exemplary Substance Abuse Prevention

Col. Jerry Kosierowski,
Lifetime Achievement

Anna Marie Dufault,
Exemplary Substance Abuse Prevention

Kelly Matlock,
Exemplary Substance Abuse Prevention

Mary Ellen de la Peña,
Lifetime Achievement

Frank Rogers,
Exemplary Substance Abuse Prevention

**Gary L. Schillhammer, M.D.,
Darrington Coalition,**
Exemplary Substance Abuse Prevention

Organizations

**Mercer Island Communities That Care
Coalition,**
Exemplary Substance Abuse Prevention

Okanogan County Community Coalition,
Exemplary Substance Abuse Prevention

Quincy Youth Action,
Exemplary Youth Leadership

Wenatchee Youth Coalition,
Exemplary Youth Leadership

Exhibitors

ADAI Clearinghouse
www.adaiclearinghouse.org

Dr. Bridget Cantrell
www.heartstowardhome.com

**Change Your World! Challenging Students to
Make a Positive Difference in Their School and
Community**
cywchallenge.com

Al Duncan
www.alduncan.net

Evergreen Council on Problem Gambling
www.evergreencpg.org

Hannah Michelle Weeks
www.hannahweeks.com

Oxford House
www.oxfordhouse.us

**Prevention Specialist
Certification Board of Washington**
www.pscbw.com

Take Back Your Meds
www.takebackyourmeds.org

Washington Recovery Helpline
www.warecoveryhelpline.org

**Washington State Coalition to Reduce Underage
Drinking (RUaD)**
www.letsdrawtheline.org

Washington State Liquor Control Board
www.liq.wa.gov

Youth Suicide Prevention Program (YSPP)
www.yspp.org



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November 4, 2012



Attorney General of Washington
1125 Washington Street SE
PO Box 40100
Olympia, WA 98504-0100



Welcome to the 28th Annual Fall Prevention Summit! I'm honored once again to have the great opportunity to join forces with some of our state's top prevention and education leaders in welcoming hundreds of inspiring students from across Washington to this fantastic event.

The Fall Summit is among the most important youth prevention events in our state. As the Attorney General of Washington, issues that impact the health and safety of our youth have been among my top priorities, so I have been very pleased to have had the opportunity over the years to meet so many young people who are working so hard to help build safer and healthier schools and communities.

I'm also very proud of the role of the Attorney General's Office in providing crucial funding that helps make all of this possible. As you may know, in recent years, grants from the Attorney General's Office have helped fund both scholarships to the Fall Prevention Summit and for the entire Spring Youth Forum. The money we grant is generated from court settlements we have reached with drug companies for violations of our state's consumer protection laws.

In 2008, the Attorney General's Office provided a \$100,000 grant from a prescription drug settlement to help expand this highly successful Summit, specifically enhancing the youth track. In 2009, we joined the state Department of Social and Health Services Division of Behavioral Health and Recovery (DBHR) in hosting the first Spring Youth Forum to recognize the hard work of youth groups all across our state—whether they developed their own program from scratch or simply implemented an established project at their school. The Forum was funded through another \$100,000 grant from the Attorney General's Office cy pres grant account.

Since then, the Attorney General's Office has provided new grants each year to help fund youth participation in the Fall Prevention Summit, and to fully fund the Spring Youth Forum.

Although this will be my last Summit as the Attorney General, supporting and participating in these events has been a tremendously rewarding experience. It has been our hope that our efforts have encouraged young people to help prevent underage drinking, prescription drug abuse and other destructive decisions by empowering them to provide the leadership in their schools and communities that will help everyone make healthy choices.

As always, thanks to members of the Summit Planning Committee and to everyone involved in organizing and participating in this year's Summit. And a heartfelt thanks, especially, to all of the students in attendance. I hope you enjoy the Summit as much as those who have attended in previous years!

Sincerely,

Rob McKenna
Attorney General



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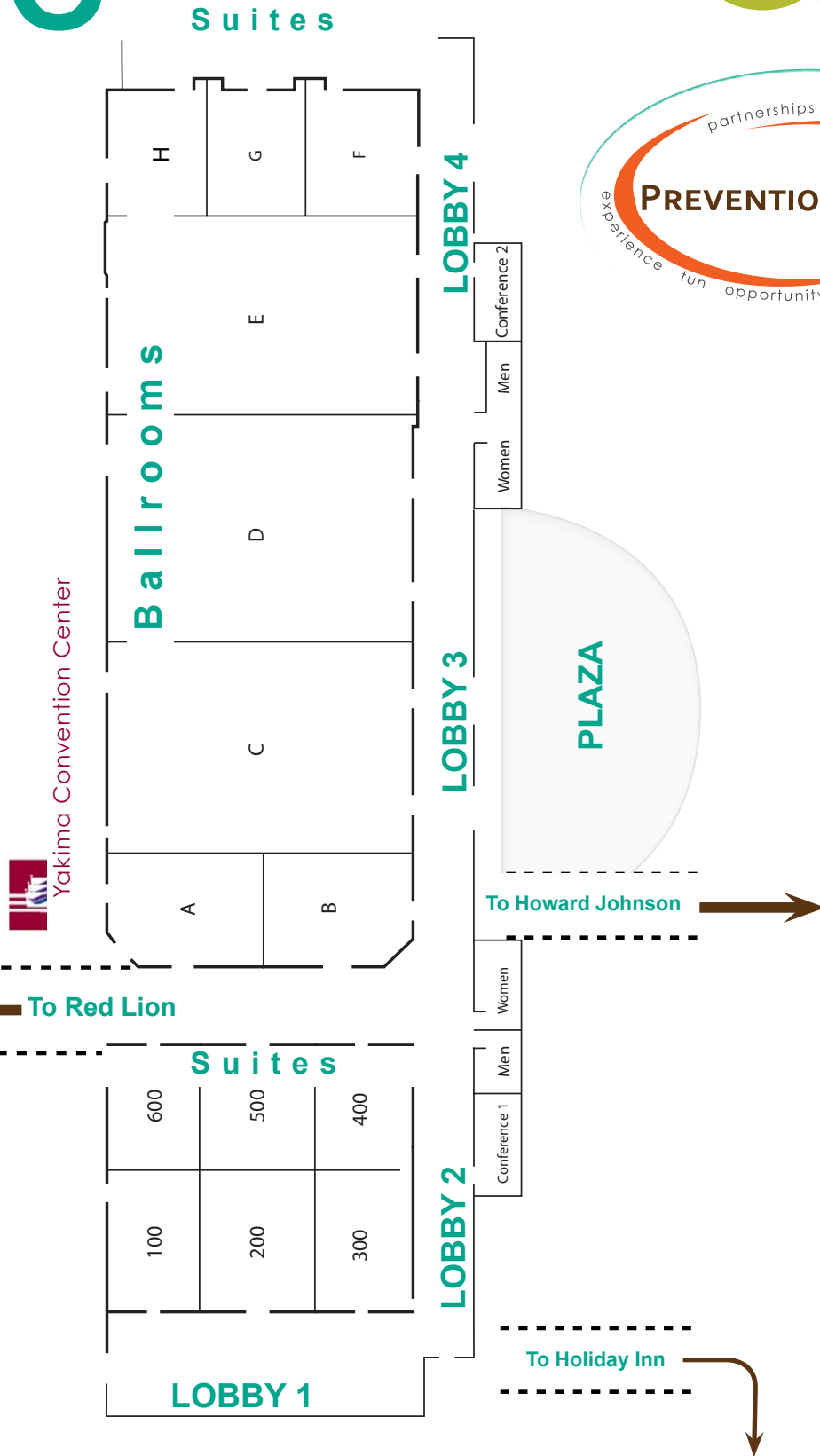


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