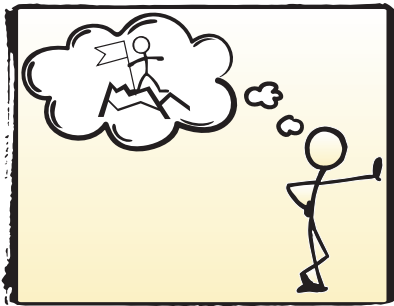
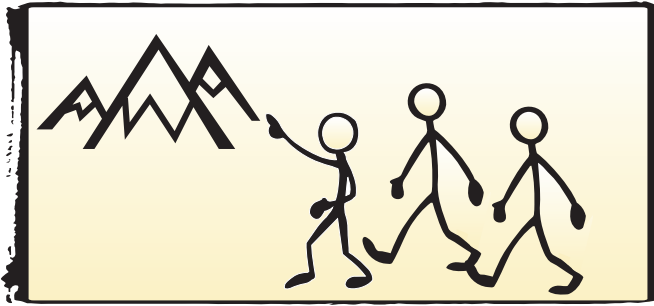


Washington State Prevention Summit

October 27 - 29, 2011 Yakima, WA



Dream



Lead



Achieve

Conference Program

Presented by the Washington State Department of Social & Health Services
Division of Behavioral Health & Recovery • With Support from the Office of the Attorney General



www.preventionsummit.com

Featured Speakers



Marc Fomby
Youth Track
Presenter
Pg 18 & 21



David Peter Stroh
Keynote
Pg 7, 11 & 13



George Williams
Concurrent Forum
Pg 9



Julie Marie Carrier
Keynote
Pg 7, 12 & 16

www.preventionsummit.org

iPrevention Schedule-at-a-Glance2

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Adult Schedule

Thursday ■ October 14, 2010		Location
5:30 – 8:30 p.m.	Early Registration & Check-in	CC – Lobby 3
6:30 – 7:30 p.m.	Opening Celebration Keynote: <i>Julie Marie Carrier</i>	CC – Ballroom CD
7:30 – 8:30 p.m.	Professional Networking Soirée Incl.: Poster Session & Let's Draw the Line Activity Prep	CC – Ballroom B
8:50 – 9:30 p.m.	Chaperones & Team Adult Advisors Meeting	CC – Suite 400
Friday ■ October 15, 2010		
7:45 – 8:30 a.m.	Registration & Check-in/Breakfast	CC – Lobby 3
8:15 – 8:30 a.m.	Youth Team Representatives Meet for Procession	CC – Lobby 4
8:30 – 9:00 a.m.	Welcome Session	CC – Ballroom CDE
9:15 – 10:15 a.m.	Adult Keynote: <i>Frances M. Harding</i>	CC – Suites 400-600
10:30 – Noon	Concurrent Forums	See Pg 9
Noon – 1:20 p.m.	Awards Ceremony Luncheon	CC – Ballroom CDE
1:30 – 2:30 p.m.	Adult Keynote: <i>David Peter Stroh</i>	CC – Ballroom AB
2:45 – 3:45 p.m.	Workshop Session I	See Pg 10 - 11
4:00 – 5:00 p.m.	Workshop Session II	See Pg 12 - 13
5:30 – 7:00 p.m.	Dinner for All <i>Presentation of Youth Track</i>	CC – Ballroom CD
6:00 – 7:00 p.m.	How to Become a CPP Info. Session	CC – Ballroom B
7:00 – 10:30 p.m.	Evening Sessions & Activities for All	See Pg 6
Saturday ■ October 16, 2010		
7:15 – 8:00 a.m.	Registration & Check-in/Breakfast	CC – Lobby 3
8:00 – 9:10 a.m.	Adult Keynote: <i>Dr. Robert Anda</i>	CC – Ballroom FGH
9:25 – 11:00 a.m.	Workshop Session III	See Pg 14
11:10 – 1:00 p.m.	Lunch & Closing Keynote: <i>Paul Figueroa</i>	CC – Ballroom CDE
1:00 p.m.	Conference Adjourned: <i>Certificate Pick Up</i>	

Youth Schedule

Thursday ■ October 14, 2010		Location
5:30 – 8:30 p.m.	Early Registration & Check-in	CC – Lobby 3
6:30 – 7:30 p.m.	Opening Celebration Keynote: <i>Julie Marie Carrier</i>	CC – Ballroom CD
7:30 – 8:45 p.m.	Ropes Course Challenge	CC – Room FGH
8:45 – 9:30 p.m.	Ice Cream Social Incl.: Poster Session & Let's Draw the Line Activity Prep	CC – Ballroom E
8:50 – 9:30 p.m.	Chaperones & Team Adult Advisors Meeting	CC – Suite 400
Friday ■ October 15, 2010		
7:45 – 8:30 a.m.	Registration & Check-in/Breakfast	CC – Lobby 3
8:15 – 8:30 a.m.	Youth Team Representatives Meet for Procession	CC – Lobby 4
8:30 – 9:00 a.m.	Welcome Session	CC – Ballroom CDE
9:15 – Noon	Leadership Training - <i>Gray Group</i>	See Pg 18
	Service Learning Projects - <i>Blue Group</i>	See Pg 19
Noon – 1:20 p.m.	Awards Ceremony Luncheon	CC – Ballroom CDE
1:30 – 2:15 p.m.	Let's Draw the Line Activity	CC – Ballroom CDE
2:30 – 5:00 p.m.	Leadership Training - <i>Blue Group</i>	See Pg 18
	Service Learning Projects - <i>Gray Group</i>	See Pg 19
5:30 – 7:00 p.m.	Dinner for All <i>Presentation of Youth Track</i>	CC – Ballroom CD
7:00 – 10:30 p.m.	Evening Sessions & Activities for All	See Pg 15
Saturday ■ October 16, 2010		
7:15 – 8:00 a.m.	Registration & Check-in/Breakfast	CC – Lobby 3
8:00 – 9:00 a.m.	Youth Keynote: <i>Julie Marie Carrier</i>	CC – Ballroom CD
9:10 – 10:00 a.m.	*Youth Workshop Session I	See Pg 20 - 21
10:10 – 11:00 a.m.	*Youth Workshop Session II	See Pg 20 - 21
11:10 – 1:00 p.m.	Lunch & Closing Keynote: <i>Paul Figueroa</i>	CC – Ballroom CDE
1:00 p.m.	Conference Adjourned <i>Certificate Pick Up</i>	



Introduction to Summit

iPrevention is *imagining the possibilities*. The Planning Committee has worked hard all year to create a program that addresses our current challenges, and provides compelling strategies to successfully move into the future through inspiration and innovation. We are excited to have you join us for this opportunity to learn from national and local experts, and enhance your relationships and collaborations with others in this field. We hope you enjoy the program!

Prevention Summit Conference Goal

The goal of the Prevention Summit is to provide an enriching and culturally competent training and networking opportunity for youth, volunteers and professionals working toward prevention of substance abuse, violence and other destructive behaviors. We want to reach the continuum of highly experienced youth and adults from diverse backgrounds to those that are new in the field, and continue to build on our foundation of success in Washington State.

History

The prevention community in Washington State has been convening annually since the early 1980s. The initial conferences were held in Ellensburg, Washington, on the campus of Central Washington University. The conferences were known as “family focus” meetings, and soon after became known as the annual “Building a Vision” conference. After a few name changes in the late 1990s, the annual conference was renamed in 1999 as the Washington State Prevention Summit.

Despite changes over time in name, location and planning leadership, the spirit of the annual Summit has remained constant. It is the one time during the year when the prevention community can come together, reflect on the past year’s successes, learn new strategies, and network with a variety of people – including parents, youth, teachers, law enforcement officials, prevention professionals, treatment providers, policymakers, college faculty, students and dedicated volunteers who are all interested in preventing substance abuse, violence and other destructive behaviors in Washington State.

Planning Committee Members

The Planning Committee contributed over 350 hours in planning and developing the Summit keynotes, presentations, and program activities.

Megan Azzano, Okanogan Behavioral HealthCare

Janelle Guthrie, Office of the Attorney General

Sarah Mariani, Division of Behavioral Health and Recovery, Summit Chair

Ginny Bailey, Evergreen Council on Problem Gambling

Adam Halverson, Division of Behavioral Health and Recovery

Beatriz Mendez, Lewis County Public Health and Social Services/Community Mobilization

Jackie Berganio, King County MHCADSD Alcohol and Other Drug Prevention Program /Statewide Parenting Initiative Network (SPIN)

Kim Holl, Evergreen Council on Problem Gambling

Mary Segawa, Liquor Control Board

Paul Davis, Department of Health

Curtis Hough, Western Regional Counterdrug Training Center

Ivon Urquilla, Division of Behavioral Health and Recovery, Youth Subcommittee Chair

Jennifer Pock Dorsett, Educational Service District 123

Keith James, Juvenile Rehabilitation Administration

Scott Waller, Division of Behavioral Health and Recovery, RUaD

Linda Graves, Division of Behavioral Health and Recovery, Problem Gambling

Cathy Kelley, Educational Service District 105, Volunteer Subcommittee Chair

Jesses Youckton, TOGETHER!

Julia Greeson, Division of Behavioral Health and Recovery, Awards Chair

Inga Manskof, Washington Association for Substance Abuse and Violence Prevention (WASAVP)

Alan Zeuge, Prevention Specialist Certification Board of Washington

Dixie Grunenfelder, Office of Superintendent of Public Instruction

Free Internet Access

The Yakima Convention Center offers complimentary wireless internet. No password is required; use at your convenience. There is also a computer kiosk near Conference Room 1 for attendees to check email.

Continuing Education Units (CEUs) Information

Adult participants can earn up to 12 CEUs for attending the Summit. Participants must sign in each morning at the registration desk. Certificates will be provided at registration desk on Saturday following the last session. See website for specific accreditation credits from certification/licensing boards.



The Prevention Summit is presented by:

With Support from:

Sponsors

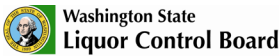
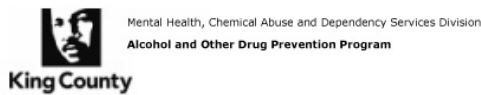
Platinum



Silver



Bronze



Special Thanks

Security and staff



THURSDAY, October 14, 2010**Opening Session ■ 6:30 - 7:30 p.m., CC - Ballroom CD****“Palatisha Miyashma” Indian Education Performance**

Yakama Nation students will perform the “Welcome Dance” and sign language interpretation with instruction by the Indian Education Parent Committee Chair, Vivian DelaRosa.

You Make the Difference! — Julie Marie Carrier, Award-Winning National Speaker & Author

Everyone has the power to make a difference—and sometimes in the field of prevention it can be tough to remember just how much you and your voice really matters. In this opening keynote, Julie Marie Carrier—a top national speaker, Teen Success Coach for MTV’s #1 Hit Positive Goal-Setting Show, MADE, and a leading authority on prevention and positive youth development—reveals the real-deal when it comes to your outreach and your make-a-difference impact.

Julie Marie Carrier

**Be Inspired. Let’s Go! — Rob McKenna, Washington State Attorney General**

AG McKenna will kick-off the conference with an inspiring message about how the prevention community is making a difference in our state!

FRIDAY, October 15, 2010**Welcome to the Annual Prevention Summit ■ 8:30 - 9:00 a.m., CC - Ballroom CDE****Presentation of the Colors — West Valley Junior ROTC**

The mission of JROTC is to motivate young people to become better citizens. The West Valley Army Junior Reserve Officers Training Corps (JROTC) is a class offered at West Valley Jr. High School (Alpha Company) and West Valley High School (Bravo Company).

Procession of Youth Team Representatives

One youth representative from each team should meet in the CC Lobby in front of Room F at 8:15 a.m.

Welcome to iPrevention — David A. Dickinson, MA, Director, Division of Behavioral Health & Recovery

David Dickinson, a 25-year veteran of substance abuse prevention, treatment and recovery, will share his vision for prevention in the coming years.

Prevention Starts with a Vision — Sheriff Ken Irwin, Yakima County Sheriff’s Office, Yakima Washington

Sheriff Ken Irwin has 36 years of experience in law enforcement, 30 of those years in Yakima County. He states, “I thoroughly enjoy the many unique challenges of the Office of Sheriff. Our emphasis is on making Yakima County a safer place to live and visit through good hard-nosed police work balanced with crime prevention and intervention when possible. We take pride in caring for victims and empowering neighborhoods through Block Watch and Citizen Patrol.”

Morning Keynote ■ 9:15 - 10:15 a.m., CC - Suites 400/500/600**SAMHSA’s Strategic Initiative for the Prevention of Substance Abuse and Mental Illness and Health Care Reform — Frances M. Harding, Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), Director**

Director Fran Harding will present an overview of SAMHSA’s Strategic Initiative to Prevent Substance Abuse and Mental Illness, as well as the impact of health care reform on prevention across the nation.

DREAM. LEAD.



FRIDAY, October 15, 2010 Continued

Awards Luncheon ■ 12:00 - 1:20 p.m., CC - Ballroom CDE

The Award Ceremony will commence at 12:15 pm and a pizza lunch will be served following the Award Ceremony at 12:50 pm.

The Exemplary Substance Abuse Prevention Award Ceremony provides the opportunity to recognize the contributions of youth, coalitions, professionals, and volunteers for their outstanding dedication and substance abuse prevention efforts. This year, seven awards will be presented by Lieutenant Governor Brad Owen during the Award Ceremony Luncheon. Please join us in congratulating the awardees.

Afternoon Keynote ■ 1:30 - 2:30 p.m., CC - Room AB

Imagining the Possibilities: Preventing Policy Entrenchment — David Peter Stroh, MA

Policymakers often unwittingly become dependent on solutions to social problems that actually make the problems worse over time. In this session, you will: (1) Understand why good intentions are not enough to solve chronic, complex problems; (2) Identify examples of policy entrenchment; (3) Understand the system dynamics that lead to the core problem of policy entrenchment; (4) Discover how thinking systemically can enable people to prevent such chronic, complex problems as addiction; and, (5) Clarify leverage points for shifting from quick fixes to more fundamental solutions to deep-seated problems. This keynote is designed for adults who want to translate their technical understanding of addiction into a way of influencing social policy related to drug and alcohol abuse.



David Peter Stroh

SATURDAY, October 16, 2010

Morning Keynote ■ 8:00 - 9:10 a.m., CC - Rooms FGH

The Health and Social Impact of Adverse Childhood Experiences Throughout the Lifespan — Robert F. Anda, MD, MS, Adverse Childhood Experiences (ACE) Study, Co-principal Investigator

The ACE Study demonstrates the relationship of childhood abuse, neglect, domestic violence and related experiences to health throughout the lifespan among more than 17,000 members of the Kaiser Health Plan. The findings are consistent with recent discoveries about the neurobiology of stress and the effect of stress on the developing central nervous system. Unlike other studies, the ACE study assessed a wide array of traumatic childhood experiences as well as many behavioral, health, and social problems from adolescence to late adulthood. The number of ACEs has a graded relationship to many common medical and public health problems. An overview of these concepts and findings from the study will be presented.



Robert F. Anda

Closing Session ■ 11:10 - 1:10 p.m., CC - Ballroom CDE

Ok, Now What?! Practical Leadership in Times of Change — Paul Figueroa, Peace Enforcement, LLC., CEO

Paul discusses how core beliefs about who we are as human beings shape the choices we make. Paul shares insights from his personal life, his 12 year career as a Police Officer / Detective and now corporate trainer, workshop facilitator and author. Paul links increased self awareness with true leadership. He explains the importance of holding the vision, demonstrating respect and acceptance through behaviors and shows how to lead by example and create positive change in our communities and the world we live in.



Paul Figueroa

Professional Networking Soirée**Thursday, October 14** ■ 7:30 - 8:30 p.m., CC - Ballroom B

Don't miss this opportunity to see your colleagues from across the state and enjoy some light refreshments. Discover new partnerships with some of the field's most seasoned professionals. The Networking Soirée is hosted with support from King County Alcohol and Drug Prevention Program and the Prevention Specialist Certification Board of Washington.

Poster Session**Thursday, October 14** ■ Adult: 7:30 - 8:30 p.m., during Soirée & Youth: 8:45 - 9:30 p.m., during Ice Cream Social

We added the Poster Sessions, a casual yet informative way to do a little "Prevention Project Show and Tell", to the Networking Soirée and Ice Cream Social. This is also an excellent time to gather ideas from others. A list of participating organizations can be viewed at www.preventionsummit.org.

Lets Draw the Line**Campaign Activity Prep****Thursday, October 14** ■ 7:30 - 8:30 p.m., CC - Ballroom B

The Summit will host the official launch of our state's new Let's Draw The Line media campaign to reduce underage drinking. Join the campaign by making your own part of the "line"!

How to Become a Certified Prevention Professional Information Session**Friday, October 15** ■ 6:00 - 7:00 p.m., CC- Ballroom B

Don't miss the opportunity to learn the criteria and process for gaining or maintaining your Prevention Professional certification. This session will take place during dinner on Friday night.

Native American Drumming & Dancing**Friday, October 15** ■ 7:15 - 8:15 p.m., CC - Ballroom E

Pow-Wow dancing and singing will be shared by Native college students of the Dream Catchers at Heritage University on the Yakama Reservation. Students will also share about the history of these dances.

Conversation Cinema**Friday, October 15** ■ 7:15 - 8:15 p.m., CC - Suite 300

Join us for a screening of "That's a Family" vignette followed by an intriguing conversation facilitated by Dixie Grunenfelder, Office of Superintendent of Public Instruction.

ZUMBA! Come Learn this Latin Style Dance**Friday, October 15** ■ 7:15 - 8:15 p.m., CC - Ballroom AB

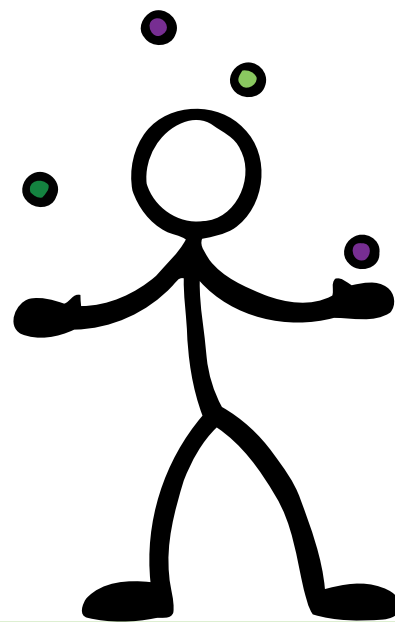
A fusion of Latin and International music that creates a dynamic, exciting and effective aerobic fitness party without feeling like a workout. This class will blow you away! Learn meringue, salsa, samba, flamenco, reggaeton and more in a fun packed easy to learn choreographed class.

Dance, Games, Crafts, Movie**Friday, October 15** ■ 8:15 - 10:30 p.m. - RL

All adults are invited to participate in the Friday evening activities at the Red Lion Hotel and Yakima Convention Center. Come and show us your moves on the dance floor. There will also be plenty of games, snacks and activities including a fun and entertaining movie to enjoy. *See page 15 for more information.*

Graphic Note Taking**Thursday, Friday and Saturday during General Sessions, CC - Ballroom CDE**

Graphic Note taking is an excellent way to capture complex ideas in a creative, interactive and simple format. Graphic Facilitation can be useful tool for stakeholder engagement in strategic planning. You don't have to be an artist to learn how to do this! Dana Boales, MA, JD, is a trained graphic facilitator who is graciously capturing the images and ideas of the Prevention Summit. Watch Dana during general sessions as a piece of art unfolds depicting the ideas and concepts presented. She will also be facilitating a workshop for youth. Check the website post-conference for the pictures of the posters.



Friday, October 15, 2010 | 10:30 - 12:00 p.m.

How New and Proposed Legislation Affect Youth and Prevention

Facilitator: Jim Cooper, WASAVP/Thurston TOGETHER!

Panel: Steve Freng, Psy.D., MSW, Northwest High Intensity Drug Trafficking Area (NW HIDTA), Prevention/Treatment Manager; Stephen Bogan, MA, CDP, LMHC, Imperfect Healer Counseling; Margaret Shield, King County Hazardous Waste Management Program; Seth Dawson, WASAVP

This concurrent forum will provide information about legislation that will have an impact on substance abuse prevention and what the prevention community can do. Participants will learn about potential marijuana legalization legislation; liquor privatization/deregulation initiatives on November's ballot; state and federal prescription drug return legislation; and how to advocate for or against legislation even if your organization receives federal funding.

CC - Room B

The Role of Fathers in Family and Prevention

George Williams, MS, MFT, PhD Candidate — ManBuilders.org, President

Addressing fathers in the family is an often overlooked but critical component of prevention. This, must attend forum session, will challenge social helping practitioners and parents to action through sharing insights into the role of fathers, the impact of father absence, and decoding men's habits. The presentation format will be a highly engaging and interactive multi-learning style experience involving drama, poetry, song and activities.

CC - Room B

Half Page Ad



Friday, October 15, 2010 | 2:45 - 3:45 p.m.

SAMHSA's Strategic Initiative for the Prevention of Substance Abuse and Mental Illness and Health Care Reform - Follow up Discussion

Frances M. Harding — SAMHSA, Center for Mental Health Services (CMHS), Director

This workshop session will provide an opportunity for discussion on the overview of SAMHSA's Strategic Initiative to Prevent Substance Abuse and Mental Illness, as well as the impact of health care reform on prevention across the nation.

Suite 500

Service to Science: Improving Evaluation Capacity (Best Practice)

Eric Ohlson, MSW — CSAP's CAPT Western Regional Expert Team (WRET), Service to Science Coordinator

Linda Hartung, MPH — Prevention Specialist (WA)

This presentation is to raise awareness of the Center for Substance Abuse Prevention (CSAP) Service to Science Initiative to increase the evaluation capacity of innovative prevention programs and identify evidence-based programs and strategies. Participants will learn how the Initiative strengthens evaluation capacity; program eligibility to participate; and how programs are nominated to participate.

Suite 100

Rx 360 Washington (Prescription Drug Abuse)

Jim Cooper — TOGETHER!, Executive Director and Vice President of Washington Association for Substance Abuse and Violence Prevention (WASAVP)

The presentation is part of an educational program, Rx360 Washington, provided by TOGETHER!, the Washington Association for Substance Abuse and Violence Prevention and The Partnership for a Drug-Free America. Through Rx360, health, prevention and treatment professionals come together to educate community groups, concerned citizens and parents about the dangers of prescription drug abuse and how to take action to prevent it.

Suite 100

Teens, Trends and Prevention: It CAN Be Done! (Best Practice)

Regina Birrenkott, MEd, CPP — Mendez Foundation, Tampa, Florida, Senior Director of Prevention

The "work in progress" adolescent brain makes teens particularly vulnerable to substance abuse. This workshop will equip participants with the knowledge and skills to teach effective drug prevention education. Using the evidence-based program, Too Good for Drugs, this interactive session will focus on the latest brain research and demonstrate how to apply prevention strategies to this target group of adolescents.

Suite 100

The State-wide Indian Drug Prevention Program

Shobana Raghupathy, PhD — Sociometrics Corporation Los Altos, California, Senior Research Associate

Dr. Raghupathy will present a drug prevention program designed to combine a social learning based intervention with bicultural competence theory. The three subgoals of bicultural competence, knowledge and practice in communication; coping; and discrimination skills, provide the theoretical foundation for intervention to prevent substance abuse with American-Indian youth. The original program was designed primarily for fourth and fifth grade Native American/Alaskan Native students in a classroom setting, but it can easily be modified for higher-grade levels and other adolescents. The curriculum can be implemented in a wide variety of settings, including public schools, tribal schools, tribal community centers, and student retreats.

Suite 100

Understanding Leverage Points in Systems and Implications for Making Change (Part I)

David Peter Stroh, MA — Bridgeway Partners, LLC

Building on principles introduced in his keynote, this workshop enables you to: (1) Learn additional systems tools; (2) Apply of these tools to gain insight into why you might not be achieving intended results despite your best efforts; (3) Deepen your understanding of how to leverage limited resources to achieve significant and lasting solutions to chronic, complex problems; (5) Suggest how Systems Thinking can strengthen your organization's ability to plan, implement, and evaluate social change initiatives. This workshop is designed for professionals in policy making positions who want to shift the system dynamics that perpetuate drug and alcohol abuse.



Friday, October 15, 2010 | 4:00 - 5:00 p.m.

Current and Future Directions for Prevention in Higher Education

**Richard Lucey — SAMHSA, Center for Mental Health Services (CMHS),
Special Assistant to the Director**

This workshop will present an overview of SAMHSA's Strategic Initiative to Prevent Substance Abuse and Mental Illness as it relates to college campuses, including the prevalence of substance abuse; suicide prevention efforts; current research on evidence-based programs and strategies; and opportunities for collaboration at the national, state, and local levels.

Suite 400

Understanding the Teen Brain and Practical Applications to Prevention

Julie Marie Carrier — Award-Winning National Speaker & Author

As seen on the Education Channel and NBC's Today Show, Julie Marie Carrier—a leading authority on positive youth development and prevention—engages youth-serving professionals on an interactive journey to understand adolescent brain development and the implications on teen decision-making and behaviors. Additionally, Julie shares related best-practices for youth substance abuse prevention.

Suite 300

Integrating Problem Gambling Prevention on a Time Budget

Julie Hynes, MA, CPS — Lane County Health & Human Services (HHS), Prevention Specialist/Webmaster

With less and less time and resources on our hands, how are we supposed to add yet another topic? After all, is problem gambling such a big deal? This workshop will cover the principles of why problem gambling is important to address in related substance abuse and other prevention efforts; and how to add problem gambling prevention into existing prevention curricula with very little effort. Participants will be provided with ready-made, practical, fun tools that they can easily use to “plug in” to their existing prevention & awareness efforts.

Suite 200

Coalition Transition: A Tale of Two Towns

Ray Horodowicz — Quincy CTC (Communities that Care), Director

Jessica Gomez, CHES — Warden Community Coalition, Coalition Coordinator

This engaging and interactive presentation will explore various challenges two coalitions in the same rural county, and with sizable Latino populations, have faced as they kept true to best practices and strive for sustainability. This presentation is ideal for coalitions that are ‘up and running’ but going through transitions.

Suite 100

Storytelling as Community Narrative

**Winona Wynn, PhD — Chair of English and Humanities, Heritage University and Director of Dream Catchers,
Heritage University**

“Voices, voices, voices: Echoes of Our Many Selves” will be facilitated by Winona Wynn (Assiniboine Sioux). This interactive workshop operates from the premise of when we share ourselves in part, we return to ourselves whole. Attendees participating in “talking circles”, will share pieces of a story, and will then be challenged to share a compelling collective story representing some piece of everyone in their group. Collaboration, context, and creativity are the key components of this gathering. Key elements of storytelling will be identified, modeled, practiced and discussed in this dynamic workshop!

Understanding Leverage Points in Systems and Implications for Making Change (Part II)

David Peter Stroh, MA — Bridgeway Partners, LLC

Building on principles introduced in his keynote, this workshop enables you to: (1) Learn additional systems tools; (2) Apply of these tools to gain insight into why you might not be achieving intended results despite your best efforts; (3) Deepen your understanding of how to leverage limited resources to achieve significant and lasting solutions to chronic, complex problems; (5) Suggest how Systems Thinking can strengthen your organization's ability to plan, implement, and evaluate social change initiatives. This workshop is designed for professionals in policy making positions who want to shift the system dynamics that perpetuate drug and alcohol abuse.

Suite 100



Saturday, October 16, 2010 | 9:25 - 11:00 a.m.

Implementing Strategies to Address ACEs in Your Community

Robert F. Anda, MD, MS — Adverse Childhood Experiences (ACE) Study, Co-principal Investigator

Following up on the concepts presented during the keynote address, Dr. Anda will discuss in greater detail the implications of the ACE study. Additionally, he will facilitate a conversation about efforts in Washington State.

RL - East Ballroom

Racial Microaggressions: Uprooting Unconscious Bias

Ilsa Govan, MA — Certified Teacher, Cross Cultural Connections, Co-Founder

Many recent studies show the direct relationship between stress caused by racism and increased health problems. Participants in this workshop will engage in activities and conversations that raise their awareness of well-intended phrases, actions, and assumptions that disguise unconscious stereotypes and biases. We will then practice strategies to cultivate healthy environments based on a deeper understanding of racism and privilege.

RL - West Ballroom

LGBTQ: PUT THIS ON THE {MAP}

Megan Kennedy, MA, LMHC and Sid Jordan Peterson, JD — Revelry Media & Methods

Revelry Media & Methods presents PUT THIS ON THE {MAP}, the compelling documentary about a generation of young people re-teaching gender and sexuality. Following the screening, the experienced education team will engage educators, providers, and community groups in a meaningful dialogue where participants will gain terminology, cultural knowledge, and confidence discussing LGBTQ issues. Revelry Media & Methods applies an innovative organizational model that puts young people in the position as experts and trainers.

RL - Lower Terrace

Integral Prevention: A New Age for Prevention Practice

Joel Bennett, PhD — Organizational Wellness & Learning System

Question: How do you negotiate the many forces pushing and pulling in any prevention/intervention situation? How often have you been frustrated as you juggle programs, policies and practices? Isn't there some simple way of pulling these together into a coherent whole? Answer: Yes! This highly interactive and insightful workshop presents an Integral Model that align your personal prevention style with the big picture. Come prepared to have a new vision for yourself and your team.

RL - Upper Terrace Room

Special Workshop for Team Adult Advisors

Saturday, October 16, 2010 | 9:25 - 11:00 am

Developing Strong Youth Coalitions

Mike Wilson — Safe Streets

For adult leaders who have struggled to build and sustain youth coalitions that are strong, excited and engaged in leading the prevention efforts in their schools and communities. Based on more than 20 years of youth program development and management experience, participants will receive the nuts and bolts of how to develop, train and manage the growth of prevention teams in their community.

Room A





Friday, October 15, 9:15 - 12:00 p.m. (Blue Group)

Friday, October 15, 2:30 - 5:00 p.m. (Gray Group)

Board buses outside Lobby 4 to travel to project site.

On Friday, October 15, youth teams will be going out into the Yakima community to have a great time participating in a variety of service learning projects; an approach that teaches and integrates service to the community with a hands-on approach. Students address community needs while learning civic responsibility and developing meaningful leadership and workplace skills. Service learning can encourage youth to become active participants in their own communities. Plus, it's a great way for teams to interact and build networks with other Washington youth.

Youth Teams will sign up for service projects on-site, as part of registration, at the Service Project Station. Only the Team Adult Advisor and Youth should attend the project due to space on buses and at project sites. Please come prepared with your first and second choice as projects will fill up quickly. The sign-up will take place on a first-come, first-serve basis.

Youth and Team Adult Advisors are advised to wear comfortable clothing and tennis shoes for all project sites. Wear clothing that you don't mind getting dirty, as you could be working outside and/or with paint! Please load buses with your entire team and be prompt so buses can leave on time.

Barge Lincoln Elementary

This site has a little bit of everything. You'll love participating at this site; there will be painting, planting, and maybe even recess with the elementary students. This is your opportunity to show off your artistic or landscaping skills. Whatever you choose to do at the site, it promises to be a fun and rewarding experience!

Madison House Youth Community Center

The "Madison House" Youth Community Center is a safe place where Yakima's inner-city youth can drop in and take a break from any issues they may face on a day to day basis. In addition, the Center also runs a clothing bank for the entire community. This service site offers an opportunity to build organizational skills and understand the inner-workings of Madison House's unique set up. Participation at this service site will be a rewarding and enjoyable experience.

Parks and Recreation - City of Yakima

Come be a part of the revitalizing a park project! Not only will you be touring a beautiful Yakima park, you will have the opportunity to improve the park for all the young children that play there each day.

Northwest Harvest Food Bank

Is your team organized and motivated? If so, this may be the spot for your team! Get a sneak peak at what it takes to run a food bank, and see how much you are helping local families receive nutritious food. Monthly deliveries are made to the Northwest Harvest

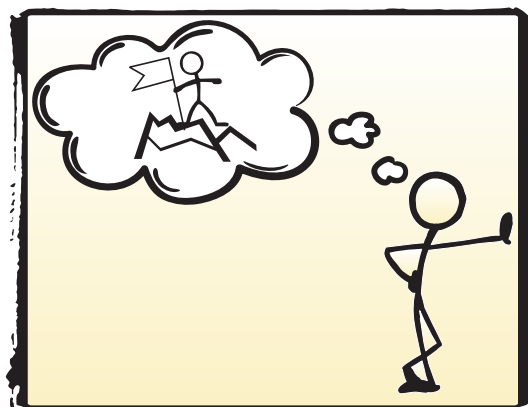
(Food Bank Cont.) Food Bank warehouse with products from all over Washington. Teams that choose this site will help serve the local and regional customers by cataloging all the products the food bank has received.

The Sunrise Outreach Center

The Sunrise Outreach Center is a Christian humanitarian non-profit organization committed to applying best practice solutions for hunger, homelessness and apathy through community mobilization, neighborhood involvement and networked information exchange. The Center serves roughly 1200 weekly food allotments per month and the Clothing Bank is one of the largest in town. At this service site, students will have the opportunity to learn and help organize the Pantry and Clothing Bank that provide services and donations to many people at no cost.

Union Gospel Mission Homeless Shelter

Come help make a difference and give to an agency that is the refuge for many youth and families. This downtown Yakima shelter provides hot meals and a safe place for its community members. For youth, families, and individuals in recovery, the Mission's short- and long-term programs give hope and a bridge to self-sufficiency. At this site you'll get a chance to help the agency revamp their location. Your time here will be refreshing, energizing, and you'll enjoy networking with new friends.



DREAM



Friday, October 15, 9:15 - 12:00 p.m. (Gray Group)

Friday, October 15, 2:30 - 5:00 p.m. (Blue Group)

Please attend the session you indicated on your registration form.

Beginning Leadership Session: Basics of Prevention for the Young Leader (Strategic Prevention Framework - SPF)

Marc Fomby, CPS — Prevention Services

Utilizing years of working with youth and experience in program development and implementation, Marc brings to life and adds flavor to the concept of prevention and all its elements in this condensed component of instruction. This training is ideal for beginners in the field of prevention and for empowering youth leaders to become active agents for change in their communities. This workshop introduces the Strategic Prevention Framework concept, which strives to promote resilience and ultimately decrease risk factors in individuals, families and communities. Participants are actively engaged during this presentation of information.

Room F

Intermediate (1-2 years) Leadership Session: SpeakOUT

Kelly Kasner — American Cancer Society, Inc/Great West Division

Amber Talburt, MPA, Community Initiatives Director; Justin Torres; Tiffany Go

This interactive presentation provides intermediate-level youth with skills so that they can move beyond organizing prevention projects that raise awareness to becoming advocates that tackle policy change activities. Participants will be provided a policy overview, be taught basic steps needed for policy change, be instructed on how to formulate a call to action, and learn about policy change projects they can pursue. The workshop will include instruction and opportunities to practice the concepts.

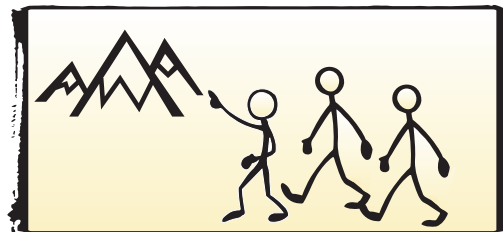
Room G

Advanced (3+ years) Leadership Session: Building From the Ground Up: The Nuts and Bolts of Developing and Implementing Prevention Projects

Mike Wilson — Safe Streets

For youth leaders who understand the science of prevention but have struggled to get their projects across the finish line from concept to completion. This 2 hour fast track training will challenge participants to dream it, plan it, and complete it while thinking through all of the important aspects of how to make it happen.

Room H



Lead

Half Page Ad



Saturday, October 16, 2010 | 9:10 - 10:00 a.m. & 10:10 - 11:00 a.m.

(Sessions Repeat)

Deal or No Dice? Gambling & Problem Gambling

Julie Hynes, MA, CPS — Lane County Health & Human Services (HHS), Prevention Specialist/Webmaster

This workshop will use a game show format as a way of learning about gambling and problem gambling. Come learn about recognizing the difference between “social” and problem gambling, how to tell if someone you know has a problem, and what to do about it. Prizes will be given to all participants, but at your own risk—unlike “Deal or No Deal,” you’ll need a little skill to win at this one. Be ready to play!

Suite 600

Sustainability Step by Step

Skykomish Drug Prevention and Leadership Team — Sustainability Award Winner, Spring Youth Forum 2010

Ever wondered how to make a project last year after year, and have your school and community look forward to it, too? Sustainability can sometimes be difficult to plan for, but with a little help and some ideas from the Skykomish Prevention and Leadership Team, just about ANY Team from anyWHERE can make it happen! By using our own experiences around sustainability, we will not only show you HOW it can be done, but give you step-by-step suggestions about how to pull it off in YOUR school and community, too! Come join us for not only a how-to seminar, but also prizes to boot!

Suite 600

Over the Top

Stadium High School Youth Leading Change (“YLC”), Safe Streets Campaign — Grand Prize Winners, Spring Youth Forum 2010

The Stadium High School Youth Leading Change (YLC) chapter will present their project “The Doctor is In” and discuss how they worked together to achieve their goal. Their class will cover their creativity, professionalism, practice, structure and attention to detail that went into the project.

Suite 600

Graphic Recording: A Picture is Worth a Thousand Words

Dana Boales, MA, JD — Graphic Recorder

Just as maps help travelers find their way, graphic recording helps groups to find their way as they work together. Graphic recordings help people feel acknowledged (we hear you) and become engaged (your thoughts and ideas matter). This workshop is designed for anyone who is looking for a new, more interesting way to record meetings, events and presentations. The goal of this workshop is to teach participants how to use symbols, words and color to create a real time pictures of work being done by individuals and groups. Those attending the workshop will learn how to create their own symbols, turn words into pictures and use color to enhance their work.

Suite 600

Message in the Music

Marc Fomby, CPS — FTC Prevention Services

This informative, fun, interactive, and educational workshop will introduce you to the world of Hip Hop and explore the lyrical content within its music that is communicating messages of crime, violence and degradation to our youth. In this workshop participants are guided through exploration of current trends in the “Hip Hop” culture that have become “acceptable” in society by examining blatant and subliminal messages that youth are exposed to daily via radio, television, video games, mp3 players, and other common entertainment formats. Media literacy is promoted as a means of being proactive to protect and teach youth how to make healthy, positive lifestyle choices. This workshop is ideal for creative prevention and intervention strategies to facilitate groups, trainings, interventions, etc. by actively involving youth in the process of deciphering and dissecting the “Message in the Music”.

Suite 500

Be Empowered through Film

Monica Olsson — Reels Grrls, Mentor

In this session, participants will get an overview of the digital storytelling and youth media field. You will hear about successful strategies for using media production in prevention programs. You will learn about how to set up a video program at your organization and view samples of inspiring youth-produced videos made in the Reel Grrls program.

Suite 400



2010 Exemplary Substance Abuse Prevention Awards

- Exemplary Substance Abuse Prevention Youth Project:** Washington Drug Free Youth Project, Spokane
- Exemplary Substance Abuse Prevention Collaboration:** Carol Hawk, Sedro Woolley
- Exemplary Substance Abuse Prevention Youth Leadership:** Kent Police Youth Board, Kent
- Exemplary Substance Abuse Prevention Volunteer:** Shelly Mitchell, Spokane Valley
- Exemplary Substance Abuse Prevention Youth Volunteer:** White Swan Dream Makers, White Swan
- Lifetime Achievement:** Gene Uno, Tacoma
- Lifetime Achievement:** Julie Grevstad, Tacoma

2010 Exhibitors

Botvin Life Skills Training

711 Westchester Ave.
White Plains, NY 10604
800.293.4969
www.lifeskillstraining.com

Evergreen Council on Problem Gambling

1929 Fourth Ave. E
Olympia, WA 98506
360.352.6133
www.evergreencpg.org

Kilimanjaro Imports

5221 110th St. SW
Lakewood, WA 98499
253.973.6787

Yakima Valley System of Care

32 N. 3rd St., Ste. 410
Yakima, WA 98901
509.574.2976

Mendez Foundation

601 S. Mangolia Ave.
Tampa, FL 33606
813.251.3600
www.mendezfoundation.org

Peace Enforcement, LLC

P.O. Box 9832
Seattle, WA 98109
206.650.5364
www.peaceenforcement.com

Julie Speaks, LLC

2200 Wilson Blvd. Suite 102-340
Arlington, VA 22201
800.571.1937

Oxford House

P. O. Box 30627
Spokane, WA 99223
www.oxfordhouse.org

King County - LHWMP

130 Nickerson St., Ste. 100
Seattle, WA 98109
206.263.3059
www.medicinereturn.com/www.lhwmp.org

King County MHCADSD

401 Fifth Ave., Ste. 400
Seattle, WA 98104
206.263.8931
www/kingcounty.gov/healthservices/MHSA.aspx

Washington State Alcohol/Drug Clearinghouse

6535 5th Place S.
Seattle, WA 98108
206.725.9696 or 800.662.9111
http://clearinghouse@adhl.org

Prevention Specialist Certification Board

P. O. Box 7172
Spokane, WA 99207
509.434.6610
www.preventioncertificationWA.org

Liquor Control Board

P.O. Box 43075
3000 Pacific Avenue SE
Olympia, WA 98504-3075
360.664.1600
http://liq.wa.gov/

2010 Prevention Summit Conference Staff

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Conference Logistics Coordinated by CASAT

Center for the Application of Substance Abuse Technologies at the University of Nevada, Reno
www.casat.org

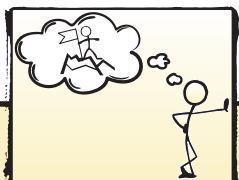
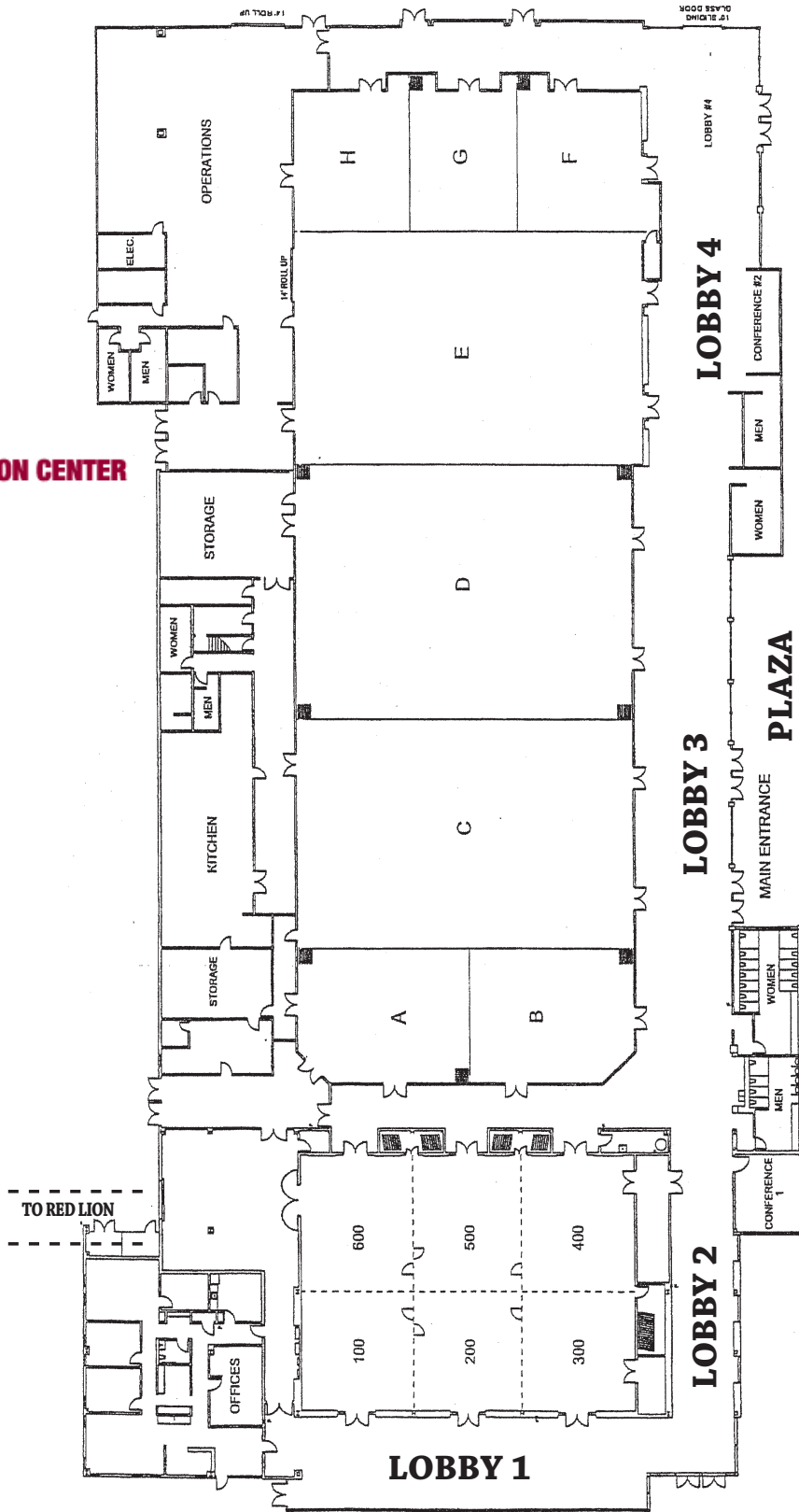


Achieve





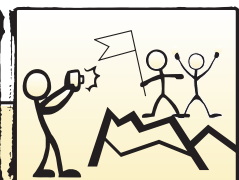
YAKIMA CONVENTION CENTER



Dream



Lead



Achieve

